



OWL NEWS

May 4, 2017

Calendar of Events	
Date	Event
5/4	Grade 3 Field Trip to Maryland Symphony Orchestra Concert at Maryland Theatre
5/10	Spring Chorus Concert for Families, Cafeteria, 6:30 PM (chorus students arrive at 6:10 wearing black and white) Art Appreciation Night, Media Center, 5:30-8:00 PM PTA Meeting, 7:30 PM
5/11	Bus Evacuation Drill
5/13	Great Frederick Discovery Race, 2:00 PM
5/15	Kindergarten Spring Sing, 3:00 PM
5/16	Character Counts Luncheon
5/17	Grade 5 Panoramic Picture
5/18	Volunteer Reception Refreshments, Conference Room, 8:45-9:30 AM Volunteer Reception Ceremony, Cafeteria, 9:30 AM
5/19	5th Grade Move-Up Day to TJMS and OMS History Bowl, Media Center, 3:00-4:00 PM Hootenanny (Spring Carnival), 5:30-8:00 PM OES Spirit Day
5/22	5th Grade vs Staff Kickball Game, 2:00 PM
5/25	Grade 2 & 5th Grade Trout Scouts' Field Trip to Doubs Park, 9:30 AM 5th Grade Living Museum
5/30	1st Grade Field Trip to Rosehill Manor PTA Meeting, 4:15 PM, Media Center
6/9	Spirit Day- Beach Day (No bathing suits please!) Last Day of School for Students Fifth Grade Ceremony, Celebration and Clap Out

Message from the Health Room

We are entering into tick season. There are multiple types of diseases that can be spread through tick bites including Lyme disease and Rocky Mountain Spotted Fever (RMSF).

Lyme disease is a bacterial infection that is spread through a deer tick bite. Symptoms appear 7 to 10 days after the bite. Some symptoms of Lyme disease include: fever, headache, fatigue, stiff neck,

muscle and joint pain, swollen lymph nodes, achiness, and often times a red bull's-eye rash at the area of the bite. Early treatment usually results in a full recovery. If not treated, Lyme disease can cause arthritis, heart damage, or nervous system problems.

RMSF is a bacterial infection that is spread through a dog tick bite. Symptoms appear 3 to 14 days after the bite. Some symptoms of RMSF include: flu-like symptoms, high fever (above 101F), headache, nausea or vomiting, tiredness, stiff neck, joint pain, and swollen lymph nodes. After 3 to 5 days of symptoms, a red rash usually appears on the hands and feet and then spreads to the rest of the body. If not treated, RMSF can cause death.

Call your healthcare provider after tick bites and/or if you think your child has either one of these diseases.

We want to stress the importance of tick bite prevention through the following actions:

- Remove leaves and clear brush and all tall grass from around your house and at the edge of gardens.
- Avoid tick-infested areas.
- Wear light-colored clothing so ticks can be spotted more easily.
- Tuck pant legs into socks and shirts into pants.
- Wear a hat and long sleeved shirt for added protection.
- Spray insect repellent containing 20-50% DEET on clothing and exposed skin but not the face.
- Walk in the center of trails to avoid overhanging grass and brush.
- Check for ticks after being outside, especially on children.
- Check your dog for ticks after being outside for any long period of time or if it has been in the woods or tall grass.

If you have any questions, please contact the health room at 240-236-3360.

Counselor's Corner

Hello Oakdale families and friends – I hope that everyone had a wonderful spring break! So many exciting things have been happening and are still coming up for these last few weeks of school:

- I had the privilege as the OES Safety Patrol Coordinator to attend the Baltimore Orioles' game against the New York Yankees with many of our OES Safety Patrollers on April 8. This was made possible by the generosity of the Baltimore Orioles organization; every year the Orioles welcome Maryland Safety Patrols to an early season game, and this year Frederick County received 250 of the 10,000 tickets distributed to Safety Patrollers throughout the State of Maryland. The kids had a great time as we watched the Orioles make a dramatic comeback for the win!
- OES Hootenanny, May 19 - less than a month away! Help is available for any family that wants to attend but for whatever reason may not be able to do so. Please contact me SOON if you need any assistance (my contact information is below).
- 5th graders will be visiting their future middle schools (which for most of our students is Oakdale Middle or TJ Middle, both great schools!) on the morning of May 19th. Parents, please be on the lookout for permission slips to be coming home very soon!
- Small groups for term 4 are in full swing and we're covering a wide variety of things: school anxiety, friendship skills, being respectful to peers, impulsivity, how to effectively read body language, organizational skills, and many more! Our OES kids are a blast to work with in these small settings, and in addition to first and foremost being helpful to our students, it's also a great way for me to get to know our kids even better.
- Term 4 lessons are beginning this week as I visit Kindergarten classrooms and talk with them about listening skills: listening to others as well as listening to our own inner voice, with an

emphasis on being kind to ourselves! So often the way we talk to ourselves – the negative self-talk – can be worse than bullying from the *outside*.

- Beginning the week of May 15th I will be visiting 4th grade classrooms to discuss citizenship, random acts of kindness, and the possible responsibilities they can take on as 5th grade helpers next year. That same week I will also get to present one of my favorite lessons to 5th graders as we talk about “Movin’ On Up” to middle school!
- May 22nd – 26th I will be presenting lessons to first and third grade about what possible careers lay ahead for them and, maybe of even more importance, the excitement around how to choose!
- Returning from Memorial Day weekend we will celebrate the uniqueness of each of our 2nd graders as we connect to their science unit and celebrate the idea that in some pretty cool ways we are “Just Like the Butterflies”.
- Our Hope 4 Kids weekend snacks in a backpack program is still operating and will be in place through the last week of the school year. If your children could benefit from some extra healthy food for weekends at home just call or email me (contact information below).

*Regarding all of the above outreach/support programs: please understand that all information shared is strictly confidential. If you have any questions, please contact me at chuck.gill@fcps.org or 240-236-3309.

National Physical Education and Sport Month

A Board Of Education proclamation was recently made to recognize the month of May as National Physical Education and Sport Month. We hope your family is participating in the Family Fitness Challenge with the Frederick Keys (May 1-7)! You may also want to attend/support the 40th Annual Hugh B. Nolan Spring Track Meet on May 23rd at Oakdale HS (Rain date is May 30). Get out there and get moving!

Save the Date

Open House, August 31, 3:00-4:00 PM

Kindergarten Orientation (in lieu of Back to School Night), August 31, 6:00-7:00 PM

Back to School Night for grades 1-5 and special education PK, September 28, 6:00-7:00 PM

Kindergarten Orientation is intended for **parents** of kindergarten students to provide an opportunity to hear about kindergarten curriculum, routines, expectations and initiatives. We know this is an exciting time for families but also, at times, a little scary! It is our intent to help address any concerns you may have as your child begins their school career.

Open House will be a time for us to welcome **students and families** back to school giving you the opportunity to meet your teachers, explore your classroom/school and bring school supplies. We want to ensure every student has a positive transition to the new school year!

Back to School Night is intended for **parents** of students in grades 1-5 and special education PK to provide an opportunity to hear about grade level curriculum, routines, expectations and initiatives. There will be two sessions to accommodate families with children in multiple grade levels. Below is a schedule for the evening:

6:00-6:10 Arrival/Welcome (doors will be locked until 6:00 to ensure appropriate planning time for staff)

6:10-6:30 Classroom Session I

6:40-7:00 Classroom Session II

Volunteer Reception Reminder

All volunteers are cordially invited to our annual Volunteer Reception on Thursday, May 18. Refreshments will be served in our conference room from 8:45-9:30 AM followed by a short assembly beginning at 9:30 AM. We hope you can join us so we can share our appreciation for all you do to support our school!

Fifth Grade Promotion Ceremony and Celebration Reminder

It is hard to believe that we will be sending our well wishes to our current fifth grade students soon as they will transition to middle school in the fall! We look forward to celebrating their success in the coming months and in particular on the last day of school for students. For your planning purposes we wanted to share that due to limited seating, resources and the need to minimize disruption to school operations and maintain student safety, all siblings of fifth grade students in PreK through fourth grade will need to remain in their classroom for the duration of the school day; this includes the time allocated for the fifth grade ceremony and celebration. Fifth grade parents will receive information directly from their child's classroom teacher regarding upcoming events to celebrate and honor our fifth grade students in the coming weeks.

Hootenanny Parking Reminder

Carpooling is highly recommended for the upcoming Hootenanny on May 19 as this event draws a significant crowd and parking is limited! Overflow parking is available at Monocacy Valley Church. Oakdale Middle School (OMS) will be holding their eighth grade dance on May 19 so it is important that their drop-off loop in the back parking lot remains clear as OMS parents will be dropping off and picking up eighth grade students between 6:30-9:00 PM. **Cars left unattended in this designated area could be towed so please be sure you are only parking in the back parking lot and park within the white lines or in the front parking lot in designated parking spaces at the OMS campus.**

Kindergarten and Pre-K Registration Reminder

Tell your friends and neighbors to register now for kindergarten and priority based Pre-K with Mrs. Sherman!

School Spirit Dates Reminder

May 19- OES Spirit Day

June 9- Beach Day (No bathing suits please!)

Great Frederick Discovery Race

A Hip and Historic Downtown Frederick
Benefit Fundraiser for the FCPS Young Scholars Program

Saturday, May 13

2 PM

Prepare to have fun, match wits and discover
little-known secrets about the City of Clustered Spires.

Perfect on your own, with your family or a team of friends, classmates or co-workers!

Find out more and register now:

<http://tinyurl.com/GreatFDRace>

See the news release:

http://www.fcps.org/news/Young-Scholars-Sponsor-Great-Frederick-Discovery-Race.cfm?grp_id=19385

Prizes!

FUN for All Ages!

Character + Community + Commitment = Successful Learners
Follow OES on Twitter @OakdaleES