

In each backpack:

- Sweatshirt
- thermal shirt or t-shirt
- shampoo
- conditioner
- body wash
- hand sanitizer
- hat
- gloves
- scarf
- hand warmers (2 packs)
- toothbrush
- toothpaste
- comb
- washcloth
- lotion
- toothbrush holder
- chapstick
- poncho
- two pairs of regular long socks
- pair of thermal socks
- water bottle
- tissues
- q-tips
- Band-Aids
- Blanket
- deodorant