

About the Camp

This camp is designed to teach and supplement the basic skills necessary to excel in Girls Lacrosse. The Oakdale High School Lacrosse camp will provide a chance for young athletes to learn the game or refine and master skills .



Staffed by Oakdale High School Coaches:

Beth Nave: Head Coach

Bryan Nave: Defensive Coach

Ashley Raiford: Varsity Assistant

Kaitlin Dudley: Varsity Assistant

Courtney Schwiegerath: former player and Varsity Assistant

Alysa Greer: JV Lacrosse Coach

Accomplishments

The Oakdale Girls Lacrosse, just completing their third year as a Varsity sport, has compiled the following:



- 86-29 record
- 2014, 2016, State Finalist
- 7-0 in Frederick County
2014, 9-0 Frederick County
2016, 9-0 in 2017
- 2014 , 2016, 2017 Regional Champions



Oakdale

SUMMER 2018

Girls Lacrosse Camp



Sponsored by the Oakdale Athletic Boosters.

June 19th-21st

Information

Dates: Tuesday, June 19 - Thursday, June 21st

Time: 8:00 a.m.– 11:00 a.m.

Location: Oakdale High School(aux field and baseball field)

Cost: \$75, due by June 1 for tshirt guarantee

Ages: entering 3rd—9th grade in 2018- 19 school year(no experience necessary)

What to Bring: stick, mouth guard, goggles, water, tennis or turf shoes

- Make checks payable to Oakdale High School Athletic Boosters
- Send Registration form and check to:
Oakdale Girls Lacrosse Camp

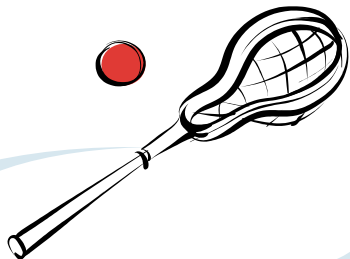
Attention: Beth Nave

5850 Eaglehead Drive

Ijamsville, MD 21754

Questions: Beth Nave

Elizabeth.nave@fcps.org



2018 Registration Form

Name: _____

Address: _____

City: _____

Email: Print clearly please

Grade(2018-19): _____

School: _____

T-shirt Size (circle one)

YS YM YL S M L XL

PARENT/GURARIAN AUTHORIZATION

I hereby approve of my child's attendance to the Oakdale Girls Lacrosse Camp in 2017. I authorize the camp staff to act for me according to their best judgment in any emergency of injury requiring medical attention. I recognize that insurance coverage on injuries received during this camp is the responsibility of the parent or guardian's insurance policy and that insurance coverage for camp I the responsibility of the individual participant.

Oakdale Girls Lacrosse Camp is not a licensed child care provider.

Name of parent

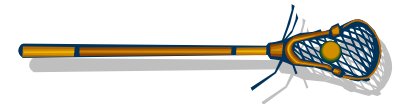
Emergency phone #

Parent/guardian Signature Date

About Camp Director

Coach Beth Nave

Beth Nave is the Girls Varsity Lacrosse coach for Oakdale High School. Her love for lacrosse and work ethic enabled her to become a Division I lacrosse player at James Madison University. She later started the Varsity lacrosse program at Good Counsel in Olney, Maryland in 1989 and continued to run the program until 2001. She founded the Westminster Area Lacrosse recreation program in 2003, and is currently the Girls Coordinator. The program serves over 600 athletes. She coached at Westminster High School from 2005 to 2007. Coach Nave then came to Oakdale High School in 2011 and became Oakdale's first ever Girls Lacrosse coach.



These materials are neither sponsored nor endorsed by the Board of Education of Frederick County, the superintendent or Oakdale High School.