## On The Mark-Adolescent Clubhouse/Sober

## **Activities Center October 2017**

All Activities are FREE!!! 350 Montevue Lane, Frederick, MD 21702

Frederick County Health Department, Behavioral Health Services Division

http://www.frederickcountymd.gov/health Facebook.com/OntheMarkclubhouse

Contact: 301-600-1122

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 CLOSED	3:30-4:30: Snack/HW 4:30-5:30: Life Skills: Time Management 5:30-7: Open Activity	3 3:30-4:30: Snack/HW 4:30-5:30: Sexual Health Awareness 5:30-7: Open Activity	4 3:30-4:30: Snack/HW 4:30-5:30: Life Skills: Basic Etiquette 5:30-7: Open Activity	5 3:30-4:30: Snack/HW 4:30-5:30: Life Skills: Basic Etiquette 5:30-7: Open Activity	6 Movie @ Clubhouse Open 1-5 FCPS Early Dismissal	7 Astronaut Speaker © Library (1pm)/Delaplaine Arts Center
8 CLOSED	9 CLOSED Columbus Day Holiday	10 3:30-4:30: Snack/HW 4:30-5:30: Dental Health Presentation 5:30-7: Open Activity	11 3:30-4:30: Snack/HW 4:30-5:30: Diabetes Awareness 5:30-7: Open Activity	12 3:30-4:30: Snack/HW 4:30-5:30: Diabetes Awareness 5:30-7: Open Activity	13 3:30-4:30: Snack/HW 4:30-5:30: Diabetes Awareness 5:30-7: Open Activity	14 Summer's Farm
15 CLOSED	16 3:30-4:30: Snack/HW 4:30-5:30:Depression Discussion 5:30-7: Open Activity	17 3:30-4:30: Snack/HW 4:30-5:30: Depression Discussion 5:30-7: Open Activity	18 3:30-4:30: Snack/HW 4:30-5:30: Breast Cancer Awareness 5:30-7: Open Activity	19 3:30-4:30: Snack/HW 4:30-5:30: Breast Cancer Awareness 5:30-7: Open Activity	Movie @ Westview Open 1-5 FCPS Closed	Civil War Camp Festival (Farnsworth House Inn Gettysburg)
CLOSED	23 3:30-4:30: Snack/HW 4:30-5:30: Bullying Discussion 5:30-7: Open Activity	24 3:30-4:30: Snack/HW 4:30-5:30: Bullying Discussion 5:30-7: Open Activity	25 3:30-4:30: Snack/HW 4:30-5:30: Dental Health Presentation 5:30-7: Open Activity	26 3:30-4:30: Snack/HW 4:30-5:30: Halloween Art Activity 5:30-7: Open Activity	27 3:30-4:30: Snack/HW 4:30-5:30: Breast Cancer Awareness 5:30-7: Open Activity	Shadowland Laser Tag
29 CLOSED	30 3:30-4:30: Snack/HW 4:30-5:30: Meth Discussion 5:30-7: Open Activity	31 3:30-4:30: Snack/HW 4:30-5:30: Meth Discussion 5:30-7: Open Activity	Open Mon-Fri 3:30-7, Sat 11-5 unless otherwise noted			