



RETURN TO PLAY

VOLUNTARY CONDITIONING AND SKILL BASED PRACTICE

WINTER SEASON OCTOBER 26TH – NOVEMBER 19TH

STUDENT ATHLETES MUST BE REGISTERED, HAVE A CURRENT PHYSICAL (DATED 4/1/20 OR AFTER) AND A SIGNED FCPS COVID RELEASE FORM

CHECK-IN TIMES AND LOCATIONS

LAST WEEK SCHEDULE

BOYS BASKETBALL	MTW	3:30 PM	TJMS
INDOOR TRK (DISTANCE)	MTTH	4:15 PM	CAMPUS COURSE
INDOOR TRK (DISTANCE)	W	5:15 PM	TRACK
CHEERLEADING	MTWTH	5:00 PM	UPPER GYM
GIRLS BASKETBALL	MTWTH	4:00 PM	MAIN GYM
INDOOR TRACK	MTWTH	3:50 PM	TRACK
SWIMMING	MT	3:40 PM	UPPER GYM
SWIMMING	WED	3:45 PM	WHS POOL
WRESTLING	MTWTH	3:30 PM	AUX GYM

****STUDENT ATHLETES ON CAMPUS SHOULD PARK OR BE DROPPED OFF IN THE GYM LOT AND REMAIN IN VEHICLES UNTIL THEIR ASSIGNED CHECK- IN TIME****

CHECK-IN TABLE WILL BE LOCATED BY THE BACK LOWER GYM ENTRANCE BY TENNIS COURTS

OFF CAMPUS CHECK-INS WILL BE CONDUCTED AT THOSE SITES

STUDENT ATHLETES MUST WEAR A FACE COVERING DURING THE CHECK-IN PROCESS AND WHEN SOCIAL DISTANCING CANNOT BE MAINTAINED

MASKS MUST BE WORN AT ALL TIMES WHEN INSIDE THE BUILDING