

FCPS and Frederick County Infants & Toddlers Family Support Services presents:

## **FREE WORKSHOP!**

# **Child and Teen Depression: What Parents Need to Know**

**Thursday October 10, 2019**

**6:30—8pm**

**350 Montevue Lane, Frederick, MD 21702, Entrance B**

Depression is a medical illness that can interfere with your ability to handle your daily activities, such as sleeping, eating, or managing your school work. Depression is common but that doesn't mean it isn't serious. Treatment frequently is needed for someone to feel better. Depression can happen at any age, but often symptoms begin in the teens or early 20s or 30s. It can occur along with other mental disorders, substance abuse, and other health conditions.

This talk is intended to inform and clarify for family members and other loved ones what to look for, how to conceptualize and move forward with treatment regarding this serious mental illness.

**To Register: <https://teendepressionfall2019.eventbrite.com>**

(Childcare is not available)

Kevin Graditor, LCSW-C, provides therapy to children, adolescents, young adults and their families. Kevin specializes in treating Disruptive Behavior Disorders (ADHD, Oppositional Defiant Disorder & Conduct Disorder), Mood Disorders (Depression & Bipolar) and Anxiety Spectrum Disorders.

Kevin has extensive experience working within the Frederick County Public Schools at

the elementary, middle, and high school levels, where he has presented to teachers and other faculty members on various topics such as behavior management within the classroom and de-escalating the angry student.

\*If sign language or foreign language interpretation is needed, please call 240-236-8744 or email [cara.phillips@fcps.org](mailto:cara.phillips@fcps.org) no later than 10 business days before the conference.