On The Mark-Adolescent Clubhouse/Sober

Activities Center November 2017

All Activities are FREE!!! 350 Montevue Lane, Frederick, MD 21702

Frederick County Health Department, Behavioral Health Services Division

Contact: 301-600-1122
http://www.frederickcountymd.gov/health
Facebook.com/OntheMarkclubhouse

Frederick County Health Department, Behavioral Health Services Division						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 3:30-4:30: Snack/HW 4:30-5:30: Life Skills, Budgeting Your Money 5:30-7: Open Activity	2 3:30-4:30: Snack/HW 4:30-5:30: Life Skills, Budgeting Your Money 5:30-7: Open Activity	3 3:30-4:30: Snack/HW 4:30-5:30: Life Skills, Budgeting Your Money 5:30-7: Open Activity	4 Delaplaine Arts Center
5 CLOSED	6 3:30-4:30: Snack/HW 4:30-5:30: American Indian Heritage Discussion 5:30-7: Open Activity	7 3:30-4:30: Snack/HW 4:30-5:30: American Indian Heritage Discussion 5:30-7: Open Activity	8 3:30-4:30: Snack/HW 4:30-5:30: Veteran's Day Discussion 5:30-7: Open Activity	9 3:30-4:30: Snack/HW 4:30-5:30: Veteran's Day Discussion 5:30-7: Open Activity	CLOSED for Veterans Day	National Museum of the American Indian (DC)
CLOSED	13 3:30-4:30: Snack/HW 4:30-5:30: Puzzles & Games Week (Video Game History) 5:30-7: Open Activity	14 3:30-4:30: Snack/HW 4:30-5:30: Puzzles & Games Week (Video Game History) 5:30-7: Open Activity	15 3:30-4:30: Snack/HW 4:30-5:30: Tobacco Discussion 5:30-7: Open Activity	16 3:30-4:30: Snack/HW 4:30-5:30: American Smokeout Day/ Tobacco Discussion 5:30-7: Open Activity	17 3:30-4:30: Snack/HW 4:30-5:30: Tobacco Discussion 5:30-7: Open Activity	Thanksgiving Meal @ Clubhouse
19 CLOSED	20 3:30-4:30: Snack/HW 4:30-5:30: Aviation History 5:30-7: Open Activity	21 Movie @ Clubhouse Middle Schools close @ 11:30, High School Regular Time Open 12-5	Shadowland Laser Tag FCPS Closed Open 1-5	CLOSED for Thanksgiving	CLOSED for American Indian Heritage Day	Movie @ Clubhouse
26 CLOSED	27 3:30-4:30: Snack/HW 4:30-5:30: SAD Discussion 5:30-7: Open Activity	28 3:30-4:30: Snack/HW 4:30-5:30: SAD Discussion 5:30-7: Open Activity	29 3:30-4:30: Snack/HW 4:30-5:30: Lung Cancer Awareness 5:30-7: Open Activity	30 3:30-4:30: Snack/HW 4:30-5:30: Lung Cancer Awareness 5:30-7: Open Activity	Open M-F 2:30-7 Sat 11-5 unless otherwise noted	