

Stones of Inspiration Immersive Wellness Experience

Based on the book by local author and artist, Erin Orr

A week-long summer camp for girls 9+.

Storytelling, Visual Arts, Yoga, and Friendships

A place for girls to explore their worthiness, love, light, and strength. Inspired by The Stones of Inspiration Workbook created by local New Market resident, Erin Orr, this summer camp will walk the girls through the story of Akari, a girl that embarks on a journey to wholeness.

Each girl will leave understanding their true worth and value in an otherwise chaotic world. They will explore their own values and strengths, embrace physical movement through nature walks and yoga, learn breathing techniques for calming, and explore friendships within the group.

Led by two passionate local women with experience with children and daughters of their own, this is a can't miss opportunity for learning and mentorship that will equip your daughter with lifelong skills and confidence.

August 7th-11th

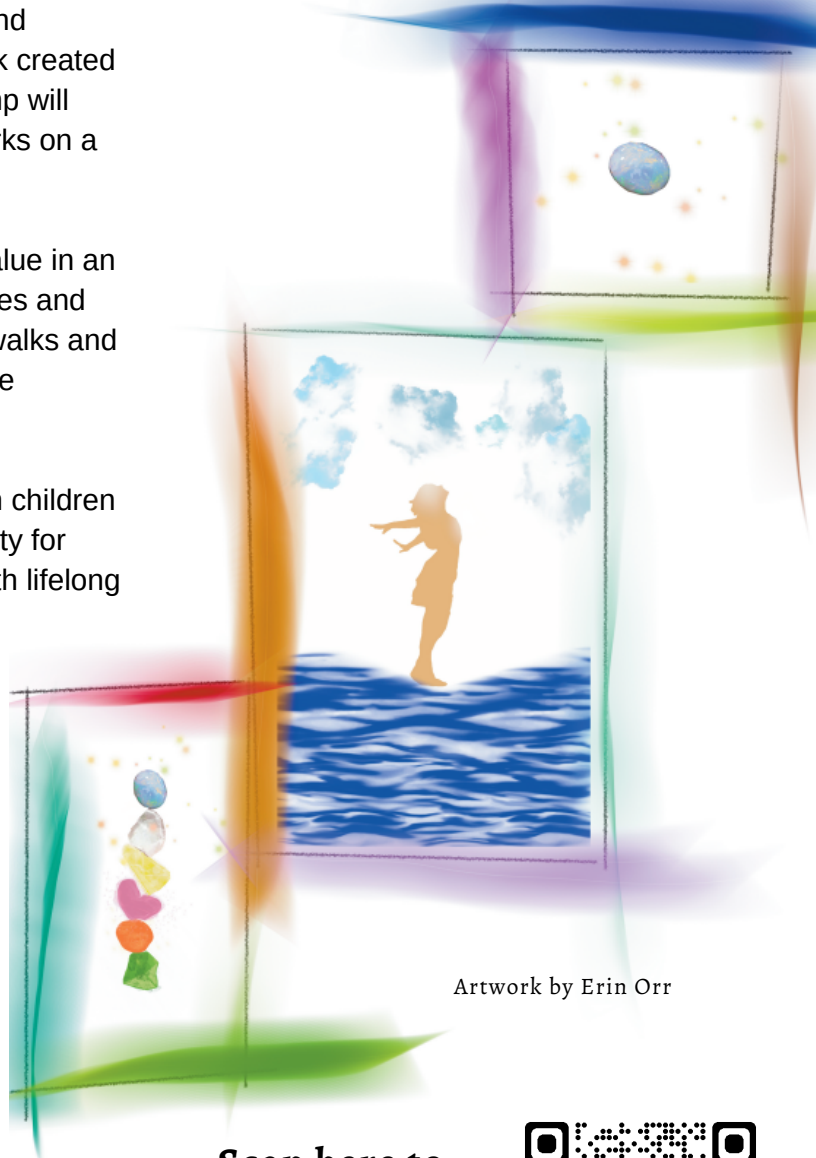
9 AM - 2 PM

52 W. Main Street, New Market



Register at fit2shinestudio.com/kidsprograms

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Artwork by Erin Orr

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register

