



...IS SO MUCH FUN!



**Using PHYSICAL ACTIVITY, we inspire girls to be joyful, healthy and confident!
Girls are empowered with LIFE SKILLS:**



Confidence



Caring



Connection



Competence



Character



Contribution

Fall 2019 teams announced in July!

Online registration opens August 3.

2019 Fall Season Dates: September through December 7

Program Fee \$150

Financial Assistance Available based on income level (from \$25)
(Fee includes twenty 90 minute lessons led by GOTR trained coaches, healthy snacks, GOTR T-shirt and water bottle, 5K race entry, and 5K medal)

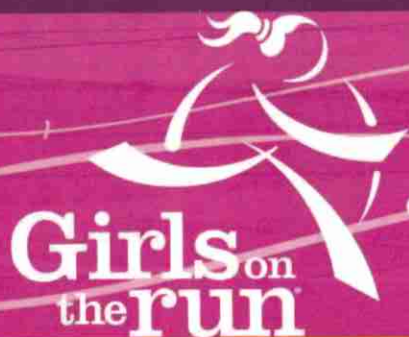
Register and Learn More at:

www.gotrmdmd.org

Scan the QR code with QR reader
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