

The Frederick County Volunteer Fire and Rescue Services Internship Program is a two year program offered to high school juniors and seniors by the Frederick County Division of Volunteer Fire & Rescue Services.

For first year students, classes will be held Monday thru Thursday with Friday being a station skill session at the Public Safety Training Facility from 12:00 pm to 3:00pm.

Second year students will be assigned to the field at a station during the same time frame with a station skill day at the PSTF on Friday. During their station time they will work with station personnel to enhance their skills from year one and complete a six session internship manual while also responding to emergency and non emergency incidents.

Both programs will follow the Frederick County Public School calendar to accommodate for holidays and school closings.

Interns must receive permission from their high school Work - Based Learning Coordinator and the Division of Volunteer Services Deputy Chief for either program.

## REQUIREMENTS:

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- Be a High School Junior or Senior.
  - Be 16 years of age or older.
  - Be a current member of a Fire and Rescue Volunteer Company.
  - Pass a Frederick County Fire physical.
  - Receive permission from your Chief.
  - Provide their own transportation to their assignment.
  - Receive permission from their high school Work - Based Learning Coordinator.
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*For enrollment form*



*Scan this code!*

# FREDERICK COUNTY VOLUNTEER *FIRE and RESCUE* SERVICES

## HIGH SCHOOL WORK-BASED LEARNING INTERNSHIP PROGRAM

Frederick County Division of  
Volunteer Fire and Rescue  
Services

5370 Public Safety Place  
Frederick, MD. 21704

[VFRSIntern@FrederickCountyMD.go](mailto:VFRSIntern@FrederickCountyMD.go)

**GEAR UP**

**Join the Excitement!**

**Become a Volunteer Firefighter or EMT Today!**

## CLASSES OFFERED:

PROTECTIVE ENVELOPE and SCBA- topics covered includes personal protective equipment, respiratory protection and self-contained breathing apparatus.

HAZARDOUS MATERIALS OPERATIONS/WMD- topics covered includes safety, regulations and standards, ERG book, site management, container behavior, protective equipment and decontamination.

FIREFIGHTER I- topics covered includes FD organization, communications, incident command system, ropes and knots, fire safety and behavior, fire prevention, respiratory protection, ventilation, hose lines, forcible entry, search/rescue, ladders and sprinkler systems.

FIREFIGHTER II- topics covered includes building construction, fire prevention, inspection preplanning, ladders, water distribution systems, ladders and rescue techniques.

FIREFIGHTER SURVIVAL and RESCUE- topics covered includes firefighter safety, survival mindset, rapid intervention teams, 2in/2out, drags and carries, ladder usage, self rescue, wall breach, disentanglement and large room search.

EMERGENCY MEDICAL RESPONDER- topics covered includes legal aspects, infection control, patient assessment, CPR, AED, oxygen delivery, injury/spine management, pediatric/obstetric emergencies, triage, multiple casualty, ambulance ops and EMS system.

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For additional class information  
visit the website:

[www.mfri.org](http://www.mfri.org)

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## WHO WE ARE

- COMMUNITIES FIRST RESPONDERS/LINE OF DEFENSE.
- WE ARE A TEAM/FAMILY.
- DEAL WITH ALL TYPES OF SITUATIONS.
- WE WORK AT A VERY FAST PACE.
- QUICK DECISION MAKERS AND PROBLEM SOLVERS.
- PROVIDE SERVICE AT TIMES IN THE MOST UNCOMFORTABLE, DISTASTEFUL, UNPLEASANT, AND DANGEROUS SITUATIONS.
- RAIN OR SHINE, HOT OR COLD.
- ALWAYS OPEN, WE NEVER CLOSE...

**- JUST NEIGHBORS  
HELPING NEIGHBORS!!!!**