

## Calling all Runners, Joggers and Walkers March 26, 2023

The Instrumental Music (THSIMB) and Athletic Boosters (THSAB) are thrilled to present our First In-Person Titans on the Run 5K! Registration starts February 17 and the event will be held at Tuscarora HS on Sunday, March 26. This is a fantastic way to show our THS community spirit and raise much needed funds for these amazing programs. All proceeds will go directly to these programs and support our Titan athletes and musicians!

## Register or Donate at

https://runsignup.com/Race/MD/Frederick/TitansontheRun or QR code below Register by March 10 for \$25.00 to guarantee a T-shirt! \$35.00 after 3/10





