



Governor Thomas Johnson High School Athletic Department

Spring 2023 Program Tryouts/Training Schedule - Opening Week

Sport/Head Coach	March 1- Wednesday	March 2- Thursday	March 3- Friday	March 4-Saturday
Baseball Matt Myers	2:45-5pm -Baseball Field	2:45-5pm -Baseball Field	2:45-5pm -Baseball Field	Coaches will provide information on practice times and locations.
Softball Paul Jennings & Gina Airing	2:45-5pm -Softball Field	2:45-5pm -Softball Field	2:45-5pm -Softball Field	Coaches will provide information on practice times and locations.
Lacrosse- Girls Lindsey Chaffman	2:30-4:45 pm (JV/Varsity) Stadium Turf Field	2:30-4:45 pm (JV/Varsity) Stadium Turf Field	2:30-4:45 pm (JV/Varsity) Stadium Turf Field	Coaches will provide information on practice times and locations.
Lacrosse- Boys Rich Fairley	4:45-6:45 pm (JV/Varsity) Stadium Turf Field	4:45-6:45 pm (JV/Varsity) Stadium Turf Field	4:45-6:45 pm (JV/Varsity) Stadium Turf Field	9:00- 11am (JV/Varsity) Stadium Turf Field
Outdoor Track- Girls Sam Shipley	2:45-5pm (JV/Varsity) Meet in Batting Cage Area (Main Gym)	2:45-5pm (JV/Varsity) Meet in Batting Cage Area (Main Gym)	2:45-5pm (JV/Varsity) Meet in Batting Cage Area (Main Gym)	Coaches will provide information on practice times and locations.
Outdoor Track- Boys Bobby Humphries	2:45-5pm (JV/Varsity) Meet in Batting Cage Area (Main Gym)	2:45-5pm (JV/Varsity) Meet in Batting Cage Area (Main Gym)	2:45-5pm (JV/Varsity) Meet in Batting Cage Area (Main Gym)	Coaches will provide information on practice times and locations.
Tennis- Girls Karen Murtaugh	2:45-4pm (JV/Varsity) GTJHS Tennis Courts	2:45-4pm (JV/Varsity) GTJHS Tennis Courts	2:45-4pm (JV/Varsity) GTJHS Tennis Courts	Coaches will provide information on practice times and locations.
Tennis- Boys Ryan Bean	2:45-4pm (JV/Varsity) GTJHS Tennis Courts	2:45-4pm (JV/Varsity) GTJHS Tennis Courts	2:45-4pm (JV/Varsity) GTJHS Tennis Courts	Coaches will provide information on practice times and locations.
Track- Unified Sarah Crockett & Rebecca Adamczyk	Please contact Coach Crockett or Coach Adamczyk for specific questions, sign ups and other information.		Please contact Coach Crockett or Coach Adamczyk for specific questions, sign ups and other information.	

Tryout Requirements

- The student athlete must have the following completed prior to the first tryout to be permitted to participate.
 - [FCPS On-Line Athletic Registration](#) (Registration is OPEN)
 - [FCPS Physical Form](#) (must be dated 4/1/22 or later)
 - [Dual Enrollment Form](#) (Must be completed, signed by both head coaches and AD)
- **Once the Team is picked- FCPS Fees will be collected (\$95)- Coaches will inform students when this is required.**
 For questions, contact the team head coach or the Athletic Director, Mike Chavez (michael.chavez@fcps.org 240-236-8200)

Follow us on Twitter: [@GTJHSAthletics](#) or [@TJ_PatriotsAD](#) and our [GTJHS Athletics Website](#)