

UNESCO Body & Mind Wellness Club, with its Partners and Associates, promote the ideals of UNESCO - the United Nations Educational, Scientific and Cultural Organization.

JOIN US:

By choosing One or More of the following:

- ☐ Individual youth life improvement
- ☐ Sustainability programs and promoting alternative energy practices
- ☐ Supporting the expression through creative arts and crafts
- ☐ Supporting healthy individual, family, and community structures

OUR PARTNERS:



OUR CONTACTS:

129 W. Patrick St., Unit 15 Frederick, MD. 21701

Email: info@unescobmw.org **Website:** www.unescobmw.com

YouTube: <https://www.youtube.com/%20unescobmw>

FB: <https://www.facebook.com/unescobodymindwellnessclub>

Instagram: <https://www.instagram.com/unescobmw>

LinkedIn: <https://www.linkedin.com/in/unescobmw/>



Plant the seeds of Change

UNESCO Body & Mind Wellness (UNESCO BMW)



Since 2014, the UNESCO Body & Mind Wellness (UNESCO BMW) Club has been working among the schools and colleges creating a cultural anchor by celebrating community diversity, and contributing to the further integration of acceptance, tolerance, and peace. UNESCO BMW a non-profit 501(c)3 supports healthy and self-aware individuals to the community and brings forth opportunities in the arenas of traditional art and craft through exhibitions and workshops; support of global peace, social justice and personal health; protection of our ecosystem by sponsoring smart sustainable businesses; and women's empowerment. Please visit unescombmw.org to better understand what we are about and/or check out our YouTube channel: <https://youtube.com/%20unescombmw>.

The ins and outs of a nonprofit such as: how to manage a website, social-media platforms, community outreach enhancement, Search Engine Optimization (SEO), grant writing, Marketing, content/article creation, graphic design and digital posters/thumbnails making, business branding, fundraising, organizing and managing events, organizing contests and forming judge panels, networking for potential partners and engaging in youth-related activities.

- A Certificate of completion
- Potential to enhance one's resume
- Development of interpersonal relationship skills
- Build a network of like-minded Peace Ambassadors
- Eventual extra credit may be available in agreement with the school!

- Your full name:
- Email:
- Phone:
- Your area of interest
- Your skills