# Counseling Staff

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## **Counseling Communication**

Counseling Office Phone Number: 240-236-8214 FOF: www.fcps.org under Quick Links, click on FindOutFirst Email & Text to create an account NAVIANCE: https://student.naviance.com/gtjh Enter your student ID number as the username and your password is student created. SCHOOLOGY GROUPS Schoology Group for School Wide School Counseling Updates Access Code= 5QBK-CPFG-2Z5FX Senior Class of 2022Access Code= C445-BGS9-N73D9 Junior Class of 2023 Access Code= FVFC-G7G2-DKW7B Sophomore Class of 2024 Access Code= 56RF-KKVQ-F2TG2 Freshman Class of 2025 Access Code= NX4Q-QVDR-772BB Twitter: @TJCounselorFCPS Check out our new SCHOOL WEBSITE https://patriotschool.org/ PATRIOT STRONG!

Feel free to email, message us on Schoology, or call and leave a message. We will do our best to respond to you within one business day.

### **Need Help?**

Child Protective Services (CPS)	301-600-2464
Crisis Services:	Dial 211
Maryland Anonymous Tip Line:	1-833-632-7233
Suicide Prevention Hotline:	1-800-273-8255

# **Counseling Office Services**

ALL Transcript Requests: contact Vanessa Holness Sing at vanessa.sing@fcps.org

Stay tuned into SCHOOLOGY daily for important announcements and information updates! We know you have a lot of questions regarding grades, tutoring, graduation, sports, and many other issues. We are working hard to gather information and find answers for all your questions. Look for updates!

### TRANSCRIPTS

### \$2.00 for each hard copy request of an OFFICIAL transcript

Please allow 24 hours notice for transcript only request; email Ms. Sing in the Counseling Office.

There is no charge if requesting an *electronic transcript* through NAVIANCE.

The Transcript Release/Request form must be completed and shared with Ms. Sing; it is found in <u>https://patriotschool.org/</u> under the Counseling Center tab > Important Forms.

Please allow two weeks processing time for letters of recommendation.

Any/all hard copies of completed correspondence, counselor letters of recommendation, and transcripts are to be picked up from the Counseling Office and must be *mailed by the student*.

## **College Application Workshop Sign-Ups**

Who: All Seniors applying to a 4-year college When: Every Wednesday in September (Sept 1, 8, 15, 22, 29) from 10:10-10:50 Where: Auditorium East Balcony Why: So that you can follow the appropriate process to request your transcripts and letters of recommendation Registration Link

\*This workshop is REQUIRED before we can process college applications!!!!

## **GTJHS COLLEGE and Career READINESS EVENT- Mark your calendars NOW!**

### Tuesday, September 28, 2021

Senior Parent Meeting 5:30 pm College/Career Workshop 6:15 pm Financial Aid Workshop, 7:00 pm More details to follow. Stay tuned.

## **PSAT/NMSQT** Registration Information

The PSAT will be administered at GTJHS on Wednesday, October 13. It will begin promptly at 7:30 AM and will take approximately 4 hours.

Students in the 9th, 10th, and 11th grade are invited to take the PSAT in preparation for the SAT.

Registration is open from September 1 – September 8 at 11:59 PM. NO LATE REGISTRATIONS CAN BE ACCEPTED!

Please note: If you are in the AFA or NJROTC program and your home school is not TJ, please register for the PSAT at your home school.

JUNIORS who take the PSAT are eligible for the National Merit Scholarship Program.

To register and pay for the PSAT, use Total Registration at: <u>http://user.totalregistration.net/PSAT/210535</u> The fee for the PSAT is \$18.00.

PSAT practice is available at <u>https://collegereadiness.collegeboard.org/psat-nmsqt-psat-10/practice</u>. PLEASE NOTE:

- Late arrivals to school will not be admitted to the test.
- Please follow FCPS COVID guidelines regarding school attendance.

# College Admission Testing – ACT/SAT Test Dates

### 2021-22 SAT TEST DATES AND REGISTRATION DEADLINES

Learn more, register and get free practice at https://collegeboard.org/sat CEEB/ETS High Sch

CEEB/ETS High School Code: 210535

Test Date	Registration Deadline	Score Release Date
October 2, 2021	September 3, 2021	October 15, 2021
November 6, 2021	October 8, 2021	November 19, 2021
December 4, 2021	November 4, 2021	December 17, 2021
March 13, 2022	February 11, 2022	March 25, 2022
May 7, 2022	April 8, 2022	May 20, 2022
June 4, 2022	May 5, 2022	July 13, 2022

### 2021-22 ACT TEST DATES AND REGISTRATION DEADLINES

Register at <u>www.act.org</u> Test Date October 23, 2021 December 11, 2021 February 12, 2022

**Registration Deadline** September 27, 2021

021 November 5, 2021 22 January 7, 2022 February 25, 2022 May 6, 2022 CEEB/ETS High School code: 210535

Score Release Date November 2, 2021 December 21, 2021 February 22, 2022 April 12, 2022 June 21, 2022

### ACT Prep

April 2, 2022

June 11, 2022

FREE Study Guide available on app www.act.org

### SAT PREP – College Board

FREE SAT Prep through the daily practice app <u>https://collegereadiness.collegeboard.org/sat</u> FREE practice that is personalized, official, interactive, and instant <u>https://www.khanacademy.org/sat</u>

### Frederick Community College SAT Preparation Classes

Frederick Community College offers SAT Review classes for both Verbal and Math Skills. Fee for each class is \$149. Classes fill quickly due to the low student to teacher ratio. For more information, go

to: <u>https://frederick.augusoft.net/index.cfm?method=ClassListing.ClassListingDisplay&int\_category\_id=7&int\_sub\_category\_i</u> d=34&int\_catalog\_id

### SAT/ACT Prep

Preparation courses are offered by Dr. Martha Gagnon and her staff at various locations in the area. For more information about the course, locations, and price, go to: <u>https://marthagagnon.com/</u>

# **General Information**

### FCPS REQUIRES UNIVERSAL MASKING FOR THE START OF THE 2021-2022 SCHOOL YEAR

FCPS requires all students and staff to wear face coverings inside our schools for the start of the 2021-22 school year. There will be no requirement to wear face coverings outdoors; however, it is strongly recommended particularly for those who are unvaccinated. The requirement to wear face coverings on school buses continues to be in effect.

### FCPS, SY 2021-22 VIRTUAL SCHOOL LEARNING FOR HIGH SCHOOL CREDIT

The FCPS Frederick County Virtual School (FCVS) oversees virtual courses for high school credit. <u>Virtual Outside of School (VOS)</u>

VOS is designed for students who are independent, self-motivated learners. It offers fall and spring honors and elective courses for grade improvement or original credit.

Students must be currently enrolled and entering 9th-12th grade with consistent access to a computer device and high-speed internet. Students should expect to work independently 8-10 hours/week.

Face-to-face required sessions may be replaced by video conferencing pending social distancing protocols.

Find details and registration materials at <a href="https://education.fcps.org/fcvs/">https://education.fcps.org/fcvs/</a> by selecting "School Year Learning Options." Do not delay! Enrollment is limited. Email completed forms to your School Counselor

### AFA (Academy of Fine Arts)

Open to students countywide in FCPS grades 10-12, the AFA is a college and career pathway program that offers focus areas in dance, music, theatre and visual arts. Based at Governor Thomas Johnson High School, the AFA meets during the first two instructional blocks only, permitting students to attend their neighborhood school programs for the afternoons. Transportation to and from TJ High is provided via FCPS Career and Technology Center shuttles.

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The AFA provides an intense curriculum that challenges and engages serious high school students while fostering refinement of individual artistic styles, techniques and portfolio development through enrichment opportunities like field trips, concerts, plays, museums, workshops and interaction with professional artists and mentors.

Registration is now open to visit the Academy for the Fine Arts during a monthly "Shadow Day." During a Shadow Day, students get to spend the first two blocks of the day at the AFA meeting staff, participating in a class and discussing the program with current students.

The AFA is a college and career pathway program housed at TJ High School with focus areas in music, dance, art and theatre. Next year, we plan to introduce a new focus area in <u>musical theatre</u>.

Transportation is provided to AFA Shadow Days via the CTC shuttles that run to and from each high school.

### Our first Shadow Day will be Wednesday September 15<sup>th</sup>.

To register for a Shadow Day, please visit: <u>https://www.fcpsartsacademy.org/visit-the-afa1.html</u>

For questions, please contact the AFA Coordinator, Jonathan Kurtz at 240-236-8352 or jonathan.kurtz@fcps.org.

#### NJROTC

Founded in 1916, the JROTC program hosts over 500,000 students in over 3,500 units across the country. Representing all branches of service, the mission is to instill the values of citizenship, service to the United States, personal responsibility and a sense of accomplishment. To fulfill this mission, **Patriot** NJROTC combines academic classwork, extracurricular activities, and competitive teams. For more information, click on the following link: <u>http://patriotnjrotc.com/</u>

#### FCC Admissions and Class Schedules

https://www.frederick.edu/class-schedules.aspx

FCC Admissions at 301.624.2716 or admissions@frederick.edu

## **COLLEGE FAIRS**

FREDERICK COUNTY COLLEGE NIGHT
Frederick Community College Athletic Center
Tuesday, October 5, 2021
6:30 PM - 8:00 PM
FCC is planning an in-person College Night. Registration is not required for students/parents. Masks are required for this
event. Please view FCC's COVID-19 Information for the latest campus guidelines.
More than 60 colleges and universities from the East Coast will be in attendance. Click here for more information, or contact

### NACAC COLLEGE FAIRS

Check out the latest fair near you at: <u>https://www.nacacfairs.org/</u> National Association for College Admissions Counseling (NACAD) Coronavirus Update Information <u>https://nacacnet.org/college-admission-status-coronavirus</u>

NACAC's College Admission Status Update is a central resource of information about changes in college admission as a result of the coronavirus outbreak. The website currently includes information provided to NACAC by colleges and universities worldwide. You'll find information on each institution's plans and policies for admission events; for consideration of high school transcripts and standardized test scores; for decision and deposit dates; for summer and fall semester plans; and more.

# SCHOLARSHIPS/FINANCIAL AID

FCPS PROVIDES SCHOLARSHIP INFORMATION AS A RESOURCE ONLY AND DOES NOT ENDORSE ANY SPONSOR OF ANY PARTICULAR SCHOLARSHIP PROGRAM **Government & Financial Aid Information** www.finaid.org/nasfaa public information page www.ed.gov general government information www.fafsa.ed.gov "Free Application for Federal Student Aid" www.mhec.state.md.us Maryland State Scholarship information www.va.gov veterans information **Scholarship & Loan Information** www.asa.org American Student Assistance www.collegenet.com College Net & scholarship information www.uncf.org United Negro College Fund www.collegescholarships.com scholarship search www.scholarshipsearch.com scholarship search www.fastweb.com scholarship search www.gocollege.com scholarship search www.scholarships.com scholarship search https://www.scholarsnapp.org scholarship search www.meritaid.com scholarship search www.college-scholarships.com scholarship search www.chegg.com/scholarships scholarship search

www.collegeanswer.com scholarship search

www.latinocollegedollars.org scholarship search www.salliemae.com loan information

https://www.hsf.net/ National Hispanic Fund Scholarships

# **OTHER SCHOLARSHIPS- for NEW additions**

Go to: <u>https://student.naviance.com/gtjh</u> Click on **Colleges tab**, then **Scholarships and Money** and finally **Scholarship List** for additional information

### Maryland Tuition Waiver for Unaccompanied Homeless Youth

http://mhec.maryland.gov/preparing/Pages/FinancialAid/ProgramDescriptions/prog\_homelessyouth.aspx https://fcps.ezcommunicator.net/edu/frederick/upload/52/5924.pdf

# Mid-Term & Report Card Dates

## Mid-Term\*\*

Mid-Term Date	Mid-Term Distribution
September 23	October 1
December 6	December 14
February 18	March 1
May 6	May 16

\*\*Dates are subject to change.

## **Report Card\*\***

End of Term	Report Card Distribution
October 25	November 5

January 13	January 27
March 25	April 7
June 1	TBD

\*\* Dates are subject to change.

## RESOURCES

### 211

### WHAT IS 2-1-1?

2-1-1 is a quick and easy way to find information and get referrals for thousands of programs and services across Maryland. **WHO SHOULD CALL?** Anyone of any age can call 2-1-1 at any time. 2-1-1 call specialists are trained to assist people dealing with all kinds of challenges including housing, utility shutoffs, family crisis, financial, legal, employment, and other problems. 2-1-1 is available 24 hours a day, 365 days a year in over 180 languages. 2-1-1 is also accessible for the deaf and hard of hearing through Maryland Relay (dial 7-1-1).

**DOES IT COST ANYTHING?** 2-1-1 services are free. Your telephone provider's long-distance rates may apply if you are calling one of our local numbers from out of the area. If you are calling from a cell phone, air time and other cell phone charges may apply. If you or a loved one need help or support, pick up the phone and dial 2-1-1 today.

**Comcast Internet** is providing a low cost high speed internet service to families that have a financial need. To qualify for the program families must:

- Have at least one child who qualifies for the National School Lunch Program (NSLP) or can provide documentation outlined in the 'Acceptable Eligibility Documentation' section.
- Not have outstanding debt to Comcast that is less than a year old. Families with outstanding debt more than one year old may still be eligible.
- Live in an area where Comcast Internet service is available but have not subscribed to Comcast Internet service within the last 90 days, where applicable.

If you are interested in learning more about this service you can visit <u>https://www.internetessentials.com/</u> or call 1-855-8468376.

### FindOutFirst

Would you like to receive notification/updates right at your computer about what's happening at GTJHS? All parents (and high school students) have accounts already uploaded with the email address we have on file in eSchool. Go to <u>www.fcps.org/fof</u> and log in to select news groups and add your mobile phone number if you want to get emergency-closing texts. Parents not able to access your FOF account should make sure to provide your current email address to us for eSchool. FOF uploads addresses from eSchool nightly. FOF uses students' FCPS-issued email addresses.

**Frederick County Youth Action Corps (YAC):** The Frederick County YAC promotes youth service and leadership, and encourages youth to make a difference in the community. YAC is a group of dedicated middle and high school youth who are committed to service in the county. The group works closely with Volunteer Frederick, the local Volunteer Center, to help coordinate and participate in local service projects. The YAC Leadership Team meets monthly to identify community needs, then design and implement service learning projects to meet those needs. If you are interested in learning more about the YAC, please contact Stacey, Ali, or Keila at Volunteer Frederick – 301-663-5214, Ext. 2 or email YAC@volunteerfrederick.org

### **Grades Online**

Check out your student's grades online at <u>www.fcps.org</u> and click on Schoology. All students received a letter at the beginning of the school year stating their respective username and password. Parents: Can't remember your personalized login and password? Call the Counseling Office at 240-236-8214.

**Maryland Job Service:** The MD Job Service, part of the Dept. of Labor, Licensing & Regulation (DLLR), connects businesses and job seekers with a complete range of employment services offered on the internet or at locations statewide at no cost. *For more information, go to* www.dllr.state.md.us

### Mental Health Association of Frederick County

Our world has shifted dramatically over the past few weeks. Students and and family members who are experiencing difficulty may wish to contact the Frederick County Mental Health Association. (MHA)

The **MHA's Call Center is available 24 hours a day, 7 days a week**. From intervention, a caring and supporting voice at a moment of crisis, to connecting you to resources and information, dial 211.

With the physical facility closed, **MHA's Walk-in Behavioral Health Services has moved to an online telehealth platform.** The program, and the services it provides, remains the same in all other aspects; and will still provide comprehensive safety/wellness planning, resource information, and referrals as appropriate.

**To access:** Go to <u>www.fcmha.org</u> and click on the yellow banner at the top to access an intake form for the service. After completing and submitting the form, information to access the platform will be provided. This can be accessed via computer, tablet, or smartphone (must have access to internet/cellular data)

Mental Health Association of Frederick County

### www.fcmha.org

The Mental Health Association of Frederick County builds a strong foundation of emotional wellness for our community by: Preparing Resilient Children, Supporting Vulnerable Families and Facing Crises Together.

The Virtual Walk-in Behavioral Health Service is operational Monday - Friday from 10 AM - 10 PM and Saturday and Sunday from 10 AM - 6 PM.

Help is available, if you or a loved one, friend or neighbor is hurting please seek help.

### **MVA Forms**

The school no longer has to verify attendance, click on link below for the appropriate form. Go to <u>https://mva.maryland.gov/Documents/DL-300A.pdf</u>

### NAVIANCE

A web-based resource for staff, students, and parents that encourages and supports post high school career and college planning. The student side of the system and is linked with Naviance Succeed, the counselor's system. How can it be used?

- Career Planning: Learning Style Inventory, Interest Inventory, Personality Inventory, Resume Building
- College Planning: College Search, Application Process, College Major Exploration, Scholarship/Financial Aid Resources
   Success Planning: Personalized Goals and Tasks, Journal Entries, Student Planner, Shared Documents. Go to the following website: http://student.naviance.com/gtjh

NEW>>Once on the login page, click on the button: **CONTINUE WITH SINGLE SIGN ON**, you will arrive at your *personal* Naviance page. If your FCPS login information is not automatically populated, enter your FCPS email address and password. Any previous student ID and password information will not work.

### National Suicide Prevention Lifeline - 1-800-273-TALK

### NCAA ELIGIBILITY CENTER

Any student-athlete interested in playing at the Division 1 or 2 level must be determined to be eligible by the NCAA to participate. <u>www.eligibilitycenter.org</u>. The student-athlete must log in using his/her NCAA ID or SSN and PIN.

#### **Runaway Child Prevention - Resources for Parents**

Over the past several months, the Frederick Police Department (FPD) has investigated multiple reports of missing juvenile females. A common thread in these cases is that the missing girl leaves home without permission for several days to see a friend, and attempts to keep her location a secret. These cases are assigned to detectives, who attempt to track down the missing person through various investigative techniques.

It is likely that social distancing can be hard for teens who feel cut off from friends, and as a result, they may feel sad, depressed, hopeless, nervous, or angry. Please see the links below for signs that your teen may need help, as well as suggestions on how you can stay engaged with your child's social life and promote emotional well-being during the pandemic:



#### Learn More | Parent Resources | ParenTeen Connect

### www.parenteenconnect.org

Meet the brains behind ParenTeen Connect and explore additional parent resources on raising teenagers. ParenTeen Connect seeks to normalize the challenges that come with raising teens through interviews with real families-they're here to show you that you're not the only ones struggling.

https://www.healthychildren.org/English/health-issues/conditions/chest-lungs/Pages/Teens-and-COVID-19.aspx https://www.missingkids.org/theissues/runaways

The National Center for Missing & Exploited Children intakes reports about missing children, younger than 18 years of age, who have run away from a parent, guardian or state care facility. The risk factors for running away from home or state care are multifaceted, and there is no typical runaway.

For additional resources, parents can call the FPD Victim Services Unit at 301-600-1356, or the Mental Health Association of Frederick County hotline at 2-1-1 to speak with a crisis counselor for support, 24/7. Information Contact: Sgt. Matt Carrado - 301-600-2104

#### Selective Service Registration

A reminder that under federal law, men living in the U.S., citizen and non-citizens alike, are required by law to register with Selective Service at 18 years old.

Men who register with Selective Service remain eligible for federal student financial aid, state-funded student financial aid, federal employment, state employment, job training under the Workforce Innovation and Opportunity Act, security clearances, and U.S. citizenship for immigrant men. For more information, see <u>Why Register</u>. Selective Service accepts early registrations as young as 17 years and 3 months.

The Selective Service System has not now, or in the past, collected or shared any information which would indicate a man's immigration status, either documented or undocumented. Students can register on-line at <u>www.sss.gov</u>

#### **Underage Drinking and Drug Use**

To report any underage party where alcohol or drugs many be served to youth under 21 years of age, please call the Party Tip Hotline at 301-600-1318. Your tip is confidential. You may save the life of a friend or child you love. This message is part of the Frederick County Teen Safe Driving Initiative and the Combating Underage Drinking Program.

#### Work Permits: Schools are no longer issuing officers of work permits.

https://www.dllr.state.md.us/labor/wages/empm.shtml

- Work permits are required for all minors under the age of 18 to work in the State of Maryland.
- Work permits are not issued to minors under the age of 14. (Unless the child is a model, performer or entertainer with a <u>special permit</u> (Word); en español (<u>Solicitud para permiso especial de trabajo(Word</u>). Special permits are issued only by the Commissioner's Office.)
- Work permits are issued by the Division of Labor and Industry.
- Work permits are not issued until the minor has been offered a job.
- If the minor changes jobs, a new work permit must be obtained.
- Employers are strongly encouraged to keep work permits on file for three years.

**DISCLAIMER:** Notice to any user of the provided information above. GTJHS shall have no liability for the accuracy of the information and cannot be held liable for any third-party claims or losses. GTJHS, may at any time, revise the information without notice and makes no commitment to update this information.