

Counseling Staff

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Community Liaisons

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Fabiane Figueira, Trilingual EL Community Liaison	fabiane.figueira@fcps.org	X68215

Counseling Communication

Counseling Office Phone Number: 240-236-8214

FOF: www.fcps.org under Quick Links, click on FindOutFirst Email & Text to create an account

NAVIANCE: <https://student.naviance.com/gtjh>

Enter your student ID number as the username and your password is student created.

SCHOOLGY GROUPS

Schoology Group for School Wide School Counseling Updates Access Code= **5QBK-CPFG-2Z5FX**

Senior Class 2021 Access Code= **QFQM-GD2P-89VZM**

Junior Class 2022 Access Code= **C445-BGS9-N73D9**

Sophomore Class 2023 Access Code= **FVFC-G7G2-DKW7B**

Freshman Class 2024 Access Code= **56RF-KKVQ-F2TG2**

Twitter: @TJCounselorFCPS

Check out our **new** SCHOOL WEBSITE <https://patriotschool.org/> **PATRIOT STRONG during online learning!**

Feel free to email, message us on Schoology, or call and leave a message. We will do our best to respond to you within one business day.

Need Help?

Child Protective Services (CPS)	301-600-2464
Crisis Services:	Dial 211
Maryland Anonymous Tip Line:	1-833-632-7233
Suicide Prevention Hotline:	1-800-273-8255

Counseling Office Services

ALL Transcript Requests: contact Amy Gaudaen at amy.gaudaen@fcps.org

Stay tuned into SCHOOLGY daily for important announcements and information updates! We know you have a lot of questions regarding grades, tutoring, graduation, sports, and many other issues. We are working hard to gather information and find answers for all your questions. Look for updates!

TRANSCRIPTS

\$2.00 for each hard copy request of an OFFICIAL transcript

Please allow **24 hours notice for transcript only request**; email Ms. Gaudaen in the Counseling Office.

There is no charge if requesting an **electronic transcript** through NAVIANCE.
 The Transcript Release/Request form must be completed and shared with Ms. Gaudaen; it is found in <https://patriotschool.org/> under the Counseling Center tab > Important Forms.
 Please allow **two weeks processing time for letters of recommendation**.
Any/all hard copies of completed correspondence, counselor letters of recommendation, and transcripts are to be picked up from the Counseling Office and must be mailed by the student.

Virtual Class Assemblies for Grades 10-12 have been posted to our new SCHOOL WEBSITE <https://patriotschool.org/>
 Click on the "Grade Levels" tab.

College Admission Testing – ACT/SAT Test Dates

2020-21 SAT TEST DATES AND REGISTRATION DEADLINES

Learn more, register and get free practice at <https://collegeboard.org/sat> CEEB/ETS High School Code: **210535**

NOTE: Due to COVID, testing sites may be closed. Check locations on the College Board website.

Test Date	Registration Deadline	Late Registration
May 8, 2021	April 8, 2021	April 27, 2021
June 5, 2021	May 6, 2021	May 26, 2021

2020-21 ACT TEST DATES AND REGISTRATION DEADLINES

NOTE: Due to COVID, testing sites may be closed. Check locations on the ACT website.

Register at www.act.org CEEB/ETS High School code: **210535**

Test Date	Registration Deadline	Late Registration
April 17, 2021	March 12, 2021	March 13-March 26, 2021
June 12, 2021	May 7, 2021	May 8-21, 2021
July 17, 2021	June 18, 2021	June 19-25, 2021

ACT Prep

FREE Study Guide available on app www.act.org

SAT PREP – College Board

FREE SAT Prep through the daily practice app <https://collegereadiness.collegeboard.org/sat>

FREE practice that is personalized, official, interactive, and instant <https://www.khanacademy.org/sat>

March2Success is a free SAT/ACT prep program that is available for all students from age 13 – 18 years old. It is sponsored by the U.S. Army's Community Outreach program and is not a recruitment tool. To enroll, go to March2Success.com and click "Register". You have 180 days of free access to practice tests and study guides.

Frederick Community College SAT Preparation Classes

Frederick Community College offers SAT Review classes for both Verbal and Math Skills. Fee for each class is \$149. Classes fill quickly due to the low student to teacher ratio. For more information, go to: https://frederick.augusoft.net/index.cfm?method=ClassListing.ClassListingDisplay&int_category_id=7&int_sub_category_id=34&int_catalog_id

SAT/ACT Prep

Preparation courses are offered by Dr. Martha Gagnon and her staff at various locations in the area. For more information about the course, locations, and price, go to: <https://marthagagnon.com/>

General Information

FCC, DUAL ENROLLMENT

If you plan on taking a FCC Dual Enrollment course **next school year** - High School Based or Open Campus **NOW** is the time to APPLY TO FCC at www.frederick.edu/apply.

After applying, you will receive your FCC ID number and email address via USPS mail and/or email from the FCC Admissions Office.

There is no application fee or commitment when applying.

Please reach out to the FCC Dual Enrollment Office at DualEnrollment@frederick.edu with any questions!

FCC, Virtual Events

FCC hosts two virtual events, open to all students, including an Admissions Open House and a Monroe Center Open House.

Students can register for either event at www.frederick.edu/openhouse.

Virtual Admissions Open House

Saturday, April 10

10:00- 11:30 am

- Hear from various campus departments including Admissions, Career Services, Counseling & Advising, ESL, Financial Aid, Multicultural Student Services, Services for Students with Disabilities, and more
- Ask questions to current FCC students

Virtual Monroe Center Open House

Wednesday, April 21

6:00- 7:30 pm

- Learn about the Monroe Center
- Hear from program managers about Continuing Education and Workforce Development (CEWD) programs
- Learn about scholarship and financial assistance opportunities

FCC, Admissions and Class Schedules

<https://www.frederick.edu/class-schedules.aspx>

JOHNS HOPKINS, BIOMEDICAL ENGINEERING

Attention talented math and science students, please consider Johns Hopkins [Biomedical Engineering Innovation](#) where they are re-imagining engineering - one future at a time.

Biomedical Engineering Innovation created by Johns Hopkins faculty, this fully online course is designed to be equally challenging, collaborative, interactive as it is fun. Students will model human efficiency, the cardiovascular system, and design experiments to test these models and more. And students have the opportunity to earn college credit.

[Please take a look at the requirements](#)

[The application](#) is now open for the Spring Session: January 25 - April 23, 2021.

[Contact](#) Johns Hopkins BMEI with any questions.

SCIENCE and ENGINEERING Internship Opportunity

Science and Engineering Apprenticeship Program (SEAP) at Carderock. SEAP provides an opportunity for high school students to participate in research at a Department of Navy (DoN) laboratory during the summer. Here is the link with information <https://seap.asee.org/>

NJROTC

Founded in 1916, the JROTC program hosts over 500,000 students in over 3,500 units across the country. Representing all branches of service, the mission is to instill the values of citizenship, service to the United States, personal responsibility and a sense of accomplishment. To fulfill this mission, **Patriot** NJROTC combines academic classwork, extracurricular activities, and competitive teams. For more information, click on the following link: <http://patriotnjrotc.com/>

COLLEGE FAIRS

The Free HBCU (Historically Black Colleges and Universities) Back to School College Fairs - July 2020 through March 2021

Students who are interested in attending an HBCU should consider filling out the Common Black College Application (CBCA), which for a limited time is only \$20 to apply to 55 colleges and universities. There are virtual college fairs being held March 2021. To get more information about the college fairs and the CBCA please go to: <https://commonblackcollegeapp.com/>

BLACK COLLEGE EXPO VIRTUAL COLLEGE FAIR

Friday, March 19, 2021

3:00 PM - 7:00 PM

Due to the COVID-19 pandemic, Black College Expo will be hosted LIVE virtually until we can return safely to physical events. The Virtual Atlanta/DC/Miami Black College Expo is an ONLINE Experience for students to get access to colleges, highlighting HBCU (historically black colleges and universities) and other educational programs. College acceptance on the spot is possible, and application fees may be waived.

For more information and to register: <https://hopin.com/events/black-college-expo-dc-maryland-virtual-experience>

COLLEGE BOARD VIRTUAL "BigFuture Days"

Sunday, March 7 4:00 PM - 8:00 PM

The College Board is holding their Big Future First Virtual College Fair. This is a virtual opportunity for sophomores and juniors to explore colleges in a way that's informative but not overwhelming. This allows prospective students to connect directly with college admissions representatives and take action on important steps to prepare for college. Also, this may benefit students who are in the midst of a college search, already started the process, or have no idea where to begin.

Dates are listed below. Regions listed indicate the locations of the colleges.

BigFuture Days Northeast: Sunday, March 7, 4:00 PM - 8:00 PM

BigFuture Days West & Southwest: Tuesday, March 30, 5:00 PM - 9:00 PM

BigFuture Days Midwest: Sunday, April 18, 4:00 PM - 8:00 PM

BigFuture Days Southeast: Thursday, April 29, 5:00 PM - 9:00 PM

To get more information and to sign up: <https://pages.collegeboard.org/big-future-days>

NACAC COLLEGE FAIRS

Check out the latest fair near you at: <https://www.nacacfairs.org/>

National Association for College Admissions Counseling (NACAC)

Coronavirus Update Information <https://nacacnet.org/college-admission-status-coronavirus>

NACAC's College Admission Status Update is a central resource of information about changes in college admission as a result of the coronavirus outbreak. The website currently includes information provided to NACAC by colleges and universities worldwide. You'll find information on each institution's plans and policies for admission events; for consideration of high school transcripts and standardized test scores; for decision and deposit dates; for summer and fall semester plans; and more.

SCHOLARSHIPS/FINANCIAL AID

FCPS PROVIDES SCHOLARSHIP INFORMATION AS A RESOURCE ONLY AND DOES NOT ENDORSE ANY SPONSOR OF ANY PARTICULAR SCHOLARSHIP PROGRAM

Government & Financial Aid Information

www.finaid.org/nasfaa public information page

www.ed.gov general government information

www.fafsa.ed.gov "Free Application for Federal Student Aid"

www.mhec.state.md.us Maryland State Scholarship information

www.va.gov veterans information

Scholarship & Loan Information

www.asa.org American Student Assistance
www.collegenet.com College Net & scholarship information
www.uncf.org United Negro College Fund
www.collegescholarships.com scholarship search
www.scholarshipsearch.com scholarship search
www.fastweb.com scholarship search
www.gocollege.com scholarship search
www.scholarships.com scholarship search
<https://www.scholarsnapp.org> scholarship search
www.meritaid.com scholarship search
www.college-scholarships.com scholarship search
www.chegg.com/scholarships scholarship search
www.collegeanswer.com scholarship search
www.latinocollegedollars.org scholarship search
www.salliemae.com loan information
<https://www.hsf.net/> National Hispanic Fund Scholarships

OTHER SCHOLARSHIPS- for **NEW** additions

ATTENTION SENIORS, it's SCHOLARSHIP SEASON! Be sure to check out all of the NEW scholarships, for example:
KAPPA ALPHA PSI, Robbins and Bourne Scholarship just posted in NAVIANCE, deadline April 20, 2021

Go to: <https://student.naviance.com/gtjh>

Click on **Colleges** tab, then **Scholarships and Money**, **Scholarship List** and finally **College Specific OR Local** for additional information.

The Community Foundation of Frederick County's scholarship is OPEN from March 1, 2021 through March 31, 2021.

Students who will graduate this June and are planning to attend college or pursue vocational training, or those students currently enrolled and attending college or vocational training should apply. Scholarship criteria are established by the scholarship funds' founding donors. Some scholarships do not consider financial need. All students are encouraged to apply.

Scholarships are available for all areas of study.

More details about how to prepare to apply can be found at www.ScholarshipsFrederickCounty.com

Maryland Tuition Waiver for Unaccompanied Homeless Youth

http://mhcc.maryland.gov/preparing/Pages/FinancialAid/ProgramDescriptions/prog_homelessyouth.aspx
<https://fcps.ezcommunicator.net/edu/frederick/upload/52/5924.pdf>

Mid-Term & Report Card Dates

Mid-Term**

Mid-Term Date	Mid-Term Distribution
May 14	May 24

**Dates are subject to change.

Report Card**

End of Term	Report Card Distribution
April 9	April 22
June 18	TBD

** Dates are subject to change.

RESOURCES

211

WHAT IS 2-1-1?

2-1-1 is a quick and easy way to find information and get referrals for thousands of programs and services across Maryland.

WHO SHOULD CALL? Anyone of any age can call 2-1-1 at any time. 2-1-1 call specialists are trained to assist people dealing with all kinds of challenges including housing, utility shutoffs, family crisis, financial, legal, employment, and other problems. 2-1-1 is available 24 hours a day, 365 days a year in over 180 languages. 2-1-1 is also accessible for the deaf and hard of hearing through Maryland Relay (dial 7-1-1).

DOES IT COST ANYTHING? 2-1-1 services are free. Your telephone provider's long-distance rates may apply if you are calling one of our local numbers from out of the area. If you are calling from a cell phone, air time and other cell phone charges may apply. If you or a loved one need help or support, pick up the phone and dial 2-1-1 today.

Comcast Internet is providing a low cost high speed internet service to families that have a financial need. To qualify for the program families must:

- Have at least one child who qualifies for the National School Lunch Program (NSLP) or can provide documentation outlined in the 'Acceptable Eligibility Documentation' section.
- Not have outstanding debt to Comcast that is less than a year old. Families with outstanding debt more than one year old may still be eligible.
- Live in an area where Comcast Internet service is available but have not subscribed to Comcast Internet service within the last 90 days, where applicable.

If you are interested in learning more about this service you can visit <https://www.internetessentials.com/> or call 1-855-8468376.

COVID-19 Resources

In addition to essential school-related posts, including answers to Frequently Asked Questions at fcps.org/update, here are Coronavirus COVID-19 resources you can rely on to understand and prevent the spread of disease:

[Frederick County Health Department](#)

[Maryland Department of Health](#)

[Centers for Disease Control and Prevention](#)

[Governor's COVID-19 Pandemic: Orders and Guidance](#)

[Mental Health Resources for Parents and Guardians to Help their Children](#)

FindOutFirst

Would you like to receive notification/updates right at your computer about what's happening at GTJHS? All parents (and high school students) have accounts already uploaded with the email address we have on file in eSchool. Go to www.fcps.org/fof and log in to select news groups and add your mobile phone number if you want to get emergency-closing texts. Parents not able to access your FOF account should make sure to provide your current email address to us for eSchool. FOF uploads addresses from eSchool nightly. FOF uses students' FCPS-issued email addresses.

Frederick County Youth Action Corps (YAC): The Frederick County YAC promotes youth service and leadership, and encourages youth to make a difference in the community. YAC is a group of dedicated middle and high school youth who are committed to service in the county. The group works closely with Volunteer Frederick, the local Volunteer Center, to help coordinate and participate in local service projects. The YAC Leadership Team meets monthly to identify community needs, then design and implement service learning projects to meet those needs. If you are interested in learning more about the YAC, please contact Stacey, Ali, or Keila at Volunteer Frederick – 301-663-5214, Ext. 2 or email YAC@volunteerfrederick.org

Grades Online

Check out your student's grades online at www.fcps.org and click on Schoology. All students received a letter at the beginning of the school year stating their respective username and password. Parents: Can't remember your personalized login and password? Call the Counseling Office at 240-236-8214.

Maryland Job Service: The MD Job Service, part of the Dept. of Labor, Licensing & Regulation (DLLR), connects businesses and job seekers with a complete range of employment services offered on the internet or at locations statewide at no cost. *For more information, go to www.dllr.state.md.us*

Mental Health Association of Frederick County

Our world has shifted dramatically over the past few weeks. Students and family members who are experiencing difficulty may wish to contact the Frederick County Mental Health Association. (MHA)

The **MHA's Call Center is available 24 hours a day, 7 days a week.** From intervention, a caring and supporting voice at a moment of crisis, to connecting you to resources and information, **dial 211.**

With the physical facility closed, **MHA's Walk-in Behavioral Health Services has moved to an online telehealth platform.** The program, and the services it provides, remains the same in all other aspects; and will still provide comprehensive safety/wellness planning, resource information, and referrals as appropriate.

To access: Go to www.fcmha.org and click on the yellow banner at the top to access an intake form for the service. After completing and submitting the form, information to access the platform will be provided. This can be accessed via computer, tablet, or smartphone (must have access to internet/cellular data)

Mental Health Association of Frederick County

www.fcmha.org

The Mental Health Association of Frederick County builds a strong foundation of emotional wellness for our community by: Preparing Resilient Children, Supporting Vulnerable Families and Facing Crises Together.

The Virtual Walk-in Behavioral Health Service is operational Monday - Friday from 10 AM - 10 PM and Saturday and Sunday from 10 AM - 6 PM.

Help is available, if you or a loved one, friend or neighbor is hurting please seek help.

Meal Benefits Application

[2020-2021 ONLINE Meal Benefits Application for Free and Reduced-Price Meals](#)

or Click a PDF link below to print a paper version

[2020-2021 Free and Reduced-Price Meal Benefits Application-ENGLISH.pdf](#)

[2020-2021 Free and Reduced-Price Meal Benefits Application-SPANISH.pdf](#)

MVA Forms

Maryland State Law requires all applicants for a learner's permit, under the age of 16, to demonstrate acceptable school attendance in the prior school semester. To verify school attendance, the legal parent/guardian must certify by signature on form DL 300A.

Go to <https://mva.maryland.gov/Documents/DL300a.pdf>, print the form, fill out the required information and sign both with applicant's signature and parent/guardian signature.

You will need to take this form to the MVA with all other required documents.

NAVIANCE

A web-based resource for staff, students, and parents that encourages and supports post high school career and college planning. The student side of the system and is linked with Naviance Succeed, the counselor's system.

How can it be used?

- Career Planning: Learning Style Inventory, Interest Inventory, Personality Inventory, Resume Building
- College Planning: College Search, Application Process, College Major Exploration, Scholarship/Financial Aid Resources
- Success Planning: Personalized Goals and Tasks, Journal Entries, Student Planner, Shared Documents. Go to the following website: <http://student.naviance.com/gtjh>

NEW>> Once on the login page, click on the button: **CONTINUE WITH SINGLE SIGN ON**, you will arrive at your *personal* Naviance page. If your FCPS login information is not automatically populated, enter your FCPS email address and password. Any previous student ID and password information will not work.

National Suicide Prevention Lifeline - 1-800-273-TALK

NCAA ELIGIBILITY CENTER


Any student-athlete interested in playing at the Division 1 or 2 level must be determined to be eligible by the NCAA to participate. www.eligibilitycenter.org. The student-athlete must log in using his/her NCAA ID or SSN and PIN.

Runaway Child Prevention - Resources for Parents

Over the past several months, the Frederick Police Department (FPD) has investigated multiple reports of missing juvenile females. A common thread in these cases is that the missing girl leaves home without permission for several days to see a friend, and attempts to keep her location a secret. These cases are assigned to detectives, who attempt to track down the missing person through various investigative techniques.

It is likely that social distancing can be hard for teens who feel cut off from friends, and as a result, they may feel sad, depressed, hopeless, nervous, or angry. Please see the links below for signs that your teen may need help, as well as suggestions on how you can stay engaged with your child's social life and promote emotional well-being during the pandemic:

<https://www.parenteenconnect.org/learn-more/>

	<p>Learn More Parent Resources ParenTeen Connect</p> <p>www.parenteenconnect.org</p> <p>Meet the brains behind ParenTeen Connect and explore additional parent resources on raising teenagers. ParenTeen Connect seeks to normalize the challenges that come with raising teens through interviews with real families—they're here to show you that you're not the only ones struggling.</p>
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<https://www.healthychildren.org/English/health-issues/conditions/chest-lungs/Pages/Teens-and-COVID-19.aspx>

<https://www.missingkids.org/theissues/runaways>

The National Center for Missing & Exploited Children intakes reports about missing children, younger than 18 years of age, who have run away from a parent, guardian or state care facility. The risk factors for running away from home or state care are multifaceted, and there is no typical runaway.

For additional resources, parents can call the FPD Victim Services Unit at 301-600-1356, or the Mental Health Association of Frederick County hotline at 2-1-1 to speak with a crisis counselor for support, 24/7.

Information Contact: Sgt. Matt Carrado - 301-600-2104

Selective Service Registration

A reminder that under federal law, men living in the U.S., citizen and non-citizens alike, are required by law to register with Selective Service at 18 years old.

Men who register with Selective Service remain eligible for federal student financial aid, state-funded student financial aid, federal employment, state employment, job training under the Workforce Innovation and Opportunity Act, security clearances, and U.S. citizenship for immigrant men. For more information, see [Why Register](#). Selective Service accepts early registrations as young as 17 years and 3 months.

The Selective Service System has not now, or in the past, collected or shared any information which would indicate a man's immigration status, either documented or undocumented. Students can register on-line at www.sss.gov

Underage Drinking and Drug Use

To report any underage party where alcohol or drugs may be served to youth under 21 years of age, please call the Party Tip Hotline at 301-600-1318. Your tip is confidential. You may save the life of a friend or child you love. This message is part of the Frederick County Teen Safe Driving Initiative and the Combating Underage Drinking Program.

Work Permits: Schools are no longer issuing officers of work permits.

<https://www.dllr.state.md.us/labor/wages/emppm.shtml>

- Work permits are required for all minors under the age of 18 to work in the State of Maryland.

- Work permits are not issued to minors under the age of 14. (Unless the child is a model, performer or entertainer with a [special permit \(Word\)](#); en español ([Solicitud para permiso especial de trabajo\(Word\)](#)). Special permits are issued only by the Commissioner's Office.)
- Work permits are issued by the Division of Labor and Industry.
- Work permits are not issued until the minor has been offered a job.
- If the minor changes jobs, a new work permit must be obtained.
- Employers are strongly encouraged to keep work permits on file for three years.

DISCLAIMER: Notice to any user of the provided information above. GTJHS shall have no liability for the accuracy of the information and cannot be held liable for any third-party claims or losses. GTJHS, may at any time, revise the information without notice and makes no commitment to update this information.