



A Time to S.H.A.R.E.

(Support, Help And Really Encourage)



A Support Group for Caregivers of Children with Special Needs

Parenting a child with special needs can be a difficult journey and sometimes we need to gather with other parents experiencing similar situations and challenges to share emotional support and practical advice.

FCPS Partners for Success and FCDC Family Support Network supports a group that meets twice monthly in Frederick County. This is an opportunity for families of children with special needs to gather virtually in an informal setting to both receive and give support, and to network with other parents.

Hope to see you there!

| Tuesday Mornings, 10am – 11am | Thursday Afternoons, 4pm – 5pm |
|--------------------------------------|---------------------------------------|
| January 12 | January 7 |
| February 9 | February 4 |
| March 9 | March 4 |
| April 6 | April 1 |
| May 11 | May 6 |
| June 8 | June 3 |

If you are interested in joining us, please click on the link below and review the **Dates/Times** and **Confidentiality Agreement**.

Click here -> <https://forms.gle/6ru4BnB4TuYMtjb89>

There will be a limited number of attendees to ensure all are able to be heard and participate. You will receive an email on the day of the meeting with a Google Meet link.

*If sign language or foreign language interpretation is needed, please call 240-236-8744 or email cara.phillips@fcps.org no later than 10 business days before the meeting.