Counseling Staff

Linda Weinstein, Department Chair, Grades 10-12, Last names A-C	linda.weinstein@fcps.org	X68221
Ilana Blum, Grades 10-12, Last names D-Hi	ilana.blum@fcps.org	X68217
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Katy Boyd, Grades 10-12, Last names Mo-R	<u>catherine.boyd@fcps.org</u>	X68392
Cameo Lawlor, Grades 10-12, Last names S-Z	<u>cameo.lawlor@fcps.org</u>	X68220
Corinne Carr, Grade 9, Last names A-Z	<u>corinthian.carr@fcps.org</u>	X68279
Geri Beth Chavez, All EL Students	geri.chavez@fcps.org	X68216
Cindy Holley, Registrar	cynthia.holley@fcps.org	X68218
Tammy Marrone, Counseling Secretary	<u>tammy.marrone@fcps.org</u>	X68214
Amy Gaudaen, Program Assistant	amy.gaudaen@fcps.org	X68204
Robyn Myers, Community Liaison, Homeless Coordinator	<u>robyn.myers@fcps.org</u>	X68258
Fabiane Arce, Trilingual EL Community Liaison	fabiane.arce@fcps.org	X68215

Counseling Communication

Counseling Office Phone Number: 240-236-8214 FOF: www.fcps.org under Quick Links, click on FindOutFirst Email & Text to create an account NAVIANCE: https://student.naviance.com/gtjh Enter your student ID number as the username and your password is student created. SCHOOLOGY GROUPS Schoology Group for School Wide School Counseling Updates Access Code= 5QBK-CPFG-2Z5FX Senior Class 2020 Access Code= ZTHG-FQKV-9SRVV Junior Class 2021 Access Code= QFQM-GD2P-89VZM Sophomore Class 2022 Access Code= C445-BGS9-N73D9 Freshman Class 2023 Access Code= FVFC-G7G2-DKW7B Twitter: @TJCounselorFCPS

Feel free to email, message us on Schoology, or call and leave a message. We will do our best to respond to you within one business day.

Senior Transcript Requests: contact Amy Gaudaen at amy.gaudaen@fcps.org

Underclass/Special Transcript Requests: contact Cindy Holley at cynthia.holley@fcps.org

Stay tuned into Schoology daily for important announcements and information updates! We know you have a lot of questions regarding grades, tutoring, graduation, sports, and many other issues. We are working hard to gather information and find answers for all your questions. Look for updates daily!

Counseling Office Services

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Underclass/Special Transcript Requests: contact Cindy Holley at cynthia.holley@fcps.org

Stay tuned into SCHOOLOGY daily for important announcements and information updates! We know you have a lot of questions regarding grades, tutoring, graduation, sports, and many other issues. We are working hard to gather information and find answers for all your questions. Look for updates daily!

TRANSCRIPTS

\$2.00 for each hard copy request of an OFFICIAL transcript

Please allow **24 hours notice for** *transcript only* **request**; **see Ms. Gaudaen in the Counseling Office.** There is no charge if requesting an *electronic transcript* through NAVIANCE.

College Admission Testing – ACT/SAT Test Dates

SAT Registration Dates 2019-20

Register at https://collegeboard.orgCEEB/ETS High School code: 210535Test DateRegistration DeadlineLate Registration (online and phone)June 6, 2020May 8, 2020May 27, 2020Testing Center:Governor Thomas Johnson HS and selected dates at Urbana HS

ACT Registration Dates 2019-20

Register at <u>www.act.org</u>		CEEB/ETS High School code: 210535
Test Date	Registration Deadline	Late Registration
June 13, 2020	May 8, 2020	May 22, 2020
July 18, 2020	June 19, 2020	June 26, 2020
Testing Center:	Tuscarora HS	

ACT Prep

FREE Study Guide available on app NEW ACT Rapid Review On Demand \$40, Live \$75, All Access \$99 <u>www.act.org</u>

SAT PREP – College Board

FREE SAT Prep through the daily practice app <u>https://collegereadiness.collegeboard.org/sat</u> FREE practice that is personalized, official, interactive, and instant <u>https://www.khanacademy.org/sat</u>

March2Success is a free SAT/ACT prep program that is available for all students from age 13 - 18 years old. It is sponsored by the U.S. Army's Community Outreach program and is not a recruitment tool. To enroll, go to March2Success.com and click "Register". You have 180 days of free access to practice tests and study guides.

Frederick Community College SAT Preparation Classes

Frederick Community College offers SAT Review classes for both Verbal and Math Skills. Fee for each class is \$149. Classes fill quickly due to the low student to teacher ratio. For more information, go to: <u>https://frederick.augusoft.net/index.cfm?method=ClassListing.ClassListingDisplay&int_category_id=7&int_sub_category_id=34&int_catalog_id</u>

Sylvan Learning SAT/ACT Resources

SAT/ACT Diagnostic Test - a full length SAT/ACT test offered FREE of charge! This includes the three-hour test and an in depth analysis of the test report with one of their directors. No obligations. Students can use this opportunity to gain practice taking the test, learn where their strengths are, and identify those areas they need to improve.

With the Sylvan Prep Boot Camp, students get:

skills and strategies needed to score high on the SAT

overview of content before the actual exam

expert instruction by credentialed teachers in a small setting (6:1)

Registration is under way and seats are limited, so call today! Only \$125 for the class which includes all materials. All boot camps are held from 9-12 pm Saturday before a scheduled SAT test. 301.662.2727 <u>slcfdk@traed.com</u> www.sylvanlearning.com

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SAT/ACT Prep

Preparation courses are offered by Dr. Martha Gagnon and her staff at various locations in the area. For more information about the course, locations, and price, go to: <u>https://marthagagnon.com/</u>

SAT Exam News from FCPS FOF

The College Board has announced it has canceled March and May domestic and international SAT administrations. Students will be able to sign up for future dates or receive a refund. For more information, please visit https://pages.collegeboard.org/natural-disasters

The FCPS SAT Schoolday administration scheduled for March 25 and the April 14 makeup test dates are canceled.

The College Board is working on the possibility of adding more SAT administrations in the fall for both national and schoolday SAT dates. FCPS will share more information as the College Board provides it to us.

Advanced Placement (AP) Exam News from FCPS FOF

The College Board has announced that traditional in-person Advanced Placement exams will not take place. For the 2019-2020 exam administration only, students can take a 45-minute online exam at home.

The AP central website posts details with links to solicit feedback: <u>https://apcentral.collegeboard.org/about-ap/news-changes/coronavirus-update</u>

The College Board is offering many AP instructional resources free to students during this time. As students prepare for AP test(s), they may use these resources: https://apstudents.collegeboard.org/coronavirus-updates#free-ap-classes

General Information

FCPS, The Academy for the Fine Arts (AFA)

Offers FCPS students in grades 10 - 12, the opportunity to take advanced courses in the visual and performing arts right here at Governor Thomas Johnson High School. Advanced courses in dance, music, theatre, and the visual arts are taught at a college level with an intense curriculum to challenge and engage students. For more information, click on the following link: https://www.fcpsartsacademy.org/visit-the-afa.html

FCPS, Career and Technology Center (CTC)

CTC acceptance letters will be sent to your home address in the near future. Be sure to be checking your mail!

FCC Summer Programs for Kids and Teens

Youth Programs at Frederick Community College Summer 2020 Registration Is Open

Kids and Teens on Campus Now accepting registrations for week-long morning and afternoon programs. Explore science, cooking, creative arts, music, technology, outdoor fun and more. Be sure to register early, as popular programs fill quickly! http://www.frederick.edu/YouthPrograms Phone: 301-846-2661 Email: YouthPrograms@frederick.edu

United Way of Frederick County

United Way of Frederick County's Summer Serve registration is open! United Way Summer Serve engages area **youth ages 12-17** in volunteer service projects at various nonprofit agencies throughout Frederick County. The program helps students develop leadership skills, learn more about their community and create lifelong friendships. Sessions are as follows: Session 1: June 22-26 and July 6-10 (off the week of June 29-July 3 due to the July 4th holiday) Session 2: July 13-17 and July 20-24 Session 3: July 27-31 and August 3-7 Leadership Week: August 10-14

Scholarships are available! To see if you qualify for scholarship funds, for more information on Summer Serve and to register, visit www.unitedwayfrederick.org/summerserve

Youth WORKS! 2020 Summer Jobs Program

Are you between the ages of 14 and 21, living in Frederick County and looking for a part-time summer job? The Youth WORKS! 2020 Summer Jobs Program may be perfect for you! For six weeks this summer you can earn a paycheck, learn valuable new skills, and get that job experience for your resume! Applicants must meet the eligibility requirements listed below.

The dates of work for the 2020 program are July 13 - August 21. ELIGIBILITY

Students eligible to apply for this program must be Frederick County residents between the ages of 14 and 21 with one (or more) of the following barriers to employment:

- Low-income family status
- Possessing one or more disabilities
- Receiving assistance from Social Services
- Enrolled in the Foster Care system
- Connected with the juvenile justice system
- Participating in Special Education

For more information please go to http://www.frederickworks.com/summer

GEMS at Fort Detrick brings local students into the cutting-edge world of U.S. Army Research and Development. Designed for 5th through 11th grade students of all academic abilities in the 2019-2020 school calendar, GEMS promises a hands-on experience that will excite.

Courses are 4 days long and start on June 29th. During this time, student groups work with young aspiring scientists called Near-Peers. Students navigate a curriculum that local Fort Detrick education specialists and researchers developed just for your student.

All programs are completely free of charge to students and families. A stipend of \$125 will be awarded to those who participate to offset the cost of transportation.

You must register online by midnight on April 30,2020. If you are interested in applying please complete the application online at:<u>https://www.usaeop.com/program/frederick/</u>

Johns Hopkins University - Engineering Innovation:

Johns Hopkins University, Whiting School of Engineering is offering an Engineering Innovation summer program at Hood College. It is an exciting four week summer course. Hands on lab activities in the fields of chemical, electrical, mechanical, civil engineering, materials science, and robotics. Opportunity to earn 3 credits through JHU, Financial assistance available. For more details visit: <u>http://engineering-innovation.jhu.edu</u> Questions, contact kim.day@fcps.org or 301-644-5126.

NJROTC

Founded in 1916, the JROTC program hosts over 500,000 students in over 3,500 units across the country. Representing all branches of service, the mission is to instill the values of citizenship, service to the United States, personal responsibility and a sense of accomplishment. To fulfill this mission, **Patriot** NJROTC combines academic classwork, extracurricular activities, and competitive teams. For more information, click on the following link: <u>http://patriotnjrotc.com/</u>

New Website for College-bound Students with Disabilities A new website - <u>http://www.going-to-college.org</u> has been developed to help high school students learn about living college life with a disability. The site provides video clips, activities, and resources that can help students get a head start in planning for college. Video interviews with college students with disabilities offer a way to hear first-hand from students with disabilities who have been successful. Modules include activities that will help students explore more about themselves, learn what to expect from college, and equip them with important considerations and tasks to complete when planning for college.

COLLEGE FAIRS

Check out the latest fair near you at: https://www.nacacfairs.org/

2020 College Admissions Summer Bootcamp Attention: Rising high school sophomores, juniors and seniors and their parents: Take the stress out of the college search process with the 2020 College Admissions Summer Bootcamp! Register now for a 3-day college search workshop: www.myecap.org Student Session: Monday-Wednesday, July 13-15, 10-4 PM Parent Session: Monday, July 13, 6:30-8 PM Hosted at Hood College See the flyer See the brochure Email: myecap@gmail.com

SCHOLARSHIPS/FINANCIAL AID

 FCPS PROVIDES SCHOLARSHIP INFORMATION AS A RESOURCE ONLY AND DOES NOT ENDORSE ANY SPONSOR OF ANY

 PARTICULAR SCHOLARSHIP PROGRAM

 Government & Financial Aid Information

 www.finaid.org/nasfaa public information page

 www.ed.gov general government information

 www.ed.gov/directloan government loan information

 www.ed.gov/directloan government loan information

 www.ed.gov "Free Application for Federal Student Aid"

 www.mhec.state.md.us

 Maryland State Scholarship information

 www.asa.org American Student Assistance

 www.collegenet.com
 College Net & scholarship information

 www.uncf.org
 United Negro College Fund

 www.scholarships.com
 scholarship search

 www.scholarshipsearch.com
 scholarship search

www.fastweb.com scholarship search www.gocollege.com scholarship search www.scholarships.com scholarship search https://www.scholarsnapp.org scholarship search www.meritaid.com scholarship search www.college-scholarships.com scholarship search www.chegg.com/scholarships scholarship search www.scholarshipexperts.com scholarship search www.collegeanswer.com scholarship search www.latinocollegedollars.org scholarship search www.salliemae.com loan information https://www.hsf.net/ National Hispanic Fund Scholarships

OTHER SCHOLARSHIPS- for NEW additions

Go to: <u>https://student.naviance.com/gtjh</u> Click on **Colleges tab**, then **Scholarships and Money** and finally **Scholarship List** for additional information

The Community Foundation of Frederick County's 2021-2021 scholarship application will be open from March 1, 2020 through 11:59 p.m. on April 6. Students who will graduate this May and are planning to attend college or those students currently enrolled and attending college should apply. Scholarships are available for all areas of study. Visit http://www.ScholarshipsFrederickCounty.com for all details and to apply.

Maryland Tuition Waiver for Unaccompanied Homeless Youth

http://mhec.maryland.gov/preparing/Pages/FinancialAid/ProgramDescriptions/prog_homelessyouth.aspx https://fcps.ezcommunicator.net/edu/frederick/upload/52/5924.pdf Veterans Information www.va.gov veterans information

FCC Foundation Scholarships

Beginning April 1, 2020, seniors may start applying for FCC Foundation scholarships for the fall 2020 semester. The application will be open through June 30, 2020.

Students will be asked to complete one general application which will identify any scholarships they may be qualified to receive.

Students will be notified of awards in July. To accept the award, they will be asked to complete and turn in a thank you note prior to the award being made available in their student account. In order to expedite this process, a PerfectForm thank you note will be available for students to prepare, sign, and submit online.

Students can only apply online. No paper applications will be accepted.

Students can upload transcripts (official or unofficial), letters of recommendation, and other required documents directly into the system. GTJHS students who need digital copies of these items should e-mail Ms. Gaudaen at <u>Amy.Gaudaen@fcps.org</u>.

To apply, students will need an FCC student ID number, FCC email address, and password. If you do not already have an ID number/e-mail address/password you must first apply to FCC online at https://www.frederick.edu/admissions/credit-apply to FCC online at https://www.frederick.edu/admissions/credit-apply to get this information. You may then fill out the scholarship application.

To complete the scholarship application process:

- 1. Go to: <u>https://frederick.academicworks.com/</u>
- 2. Click "Sign In" in the upper right-hand corner of your screen to begin.
- 3. Complete and submit the General Application.
- 4. Click on and complete any Special Scholarship Applications not covered by the General Scholarship

Mid-Term & Report Card Dates Mid-Term^{**}

Mid-Term Date	Mid-Term Distribution
May 8	May 18

**Dates are subject to change.

Report Card**

End of Term	Report Card Distribution
April 8	April 22
June 22	TBD

** Dates are subject to change.

RESOURCES

211

WHAT IS 2-1-1?

2-1-1 is a quick and easy way to find information and get referrals for thousands of programs and services across Maryland. WHO SHOULD CALL? Anyone of any age can call 2-1-1 at any time. 2-1-1 call specialists are trained to assist people dealing with all kinds of challenges including housing, utility shutoffs, family crisis, financial, legal, employment, and other problems. 2-1-1 is available 24 hours a day, 365 days a year in over 180 languages. 2-1-1 is also accessible for the deaf and hard of hearing through Maryland Relay (dial 7-1-1).

DOES IT COST ANYTHING? 2-1-1 services are free. Your telephone provider's long-distance rates may apply if you are calling one of our local numbers from out of the area. If you are calling from a cell phone, air time and other cell phone charges may apply. If you or a loved one need help or support, pick up the phone and dial 2-1-1 today.

Comcast

Comcast Internet is providing a low cost high speed internet service to families that have a financial need. To qualify for the program families must:

- Have at least one child who qualifies for the National School Lunch Program (NSLP) or can provide documentation outlined in the 'Acceptable Eligibility Documentation' section.
- Not have outstanding debt to Comcast that is less than a year old. Families with outstanding debt more than one year old may still be eligible.
- Live in an area where Comcast Internet service is available but have not subscribed to Comcast Internet service within the last 90 days, where applicable.

If you are interested in learning more about this service you can visit <u>https://www.internetessentials.com/</u> or call 1-855-8468376.

Crisis Hotline Online Chat Feature

The Crisis Hotline has a new online chat feature specifically geared towards teens. It is available Monday-Friday from 4-9 p.m. The chat is designed to help students whether it is for a crisis, suicide prevention, or just a safe place to vent. Check it out at www.help4MDyouth.org

FindOutFirst

Would you like to receive notification/updates right at your computer about what's happening at GTJHS? All parents (and high school students) have accounts already uploaded with the email address we have on file in eSchool. Go to <u>www.fcps.org/fof</u> and log in to select news groups and add your mobile phone number if you want to get emergency-closing texts. Parents not able to access your FOF account should make sure to provide your current email address to us for eSchool. FOF uploads addresses from eSchool nightly. FOF uses students' FCPS-issued email addresses.

Frederick County Youth Action Corps (YAC): The Frederick County YAC promotes youth service and leadership, and encourages youth to make a difference in the community. YAC is a group of dedicated middle and high school youth who are committed to service in the county. The group works closely with Volunteer Frederick, the local Volunteer Center, to help coordinate and participate in local service projects. The YAC Leadership Team meets monthly to identify community needs, then design and implement service learning projects to meet those needs. If you are interested in learning more about the YAC, please contact Stacey, Ali, or Keila at Volunteer Frederick – 301-663-5214, Ext. 2 or email <u>YAC@volunteerfrederick.org</u>

Grades Online

Check out your student's grades online at <u>www.fcps.org</u> and click on Grades Online. All students received a letter at the beginning of the school year stating their respective username and password. Parents: Can't remember your personalized login and password? Call the Counseling Office at 240-236-8204.

Maryland Job Service: The MD Job Service, part of the Dept. of Labor, Licensing & Regulation (DLLR), connects businesses and job seekers with a complete range of employment services offered on the internet or at locations statewide at no cost. *For more information, go to* www.dllr.state.md.us

Mental Health Association of Frederick County

Our world has shifted dramatically over the past few weeks. Students and and family members who are experiencing difficulty may wish to contact the Frederick County Mental Health Association. (MHA)

The **MHA's Call Center is available 24 hours a day, 7 days a week**. From intervention, a caring and supporting voice at a moment of crisis, to connecting you to resources and information, dial 211.

With the physical facility closed, **MHA's Walk-in Behavioral Health Services has moved to an online telehealth platform.** The program, and the services it provides, remains the same in all other aspects; and will still provide comprehensive safety/wellness planning, resource information, and referrals as appropriate.

To access: Go to <u>www.fcmha.org</u> and click on the yellow banner at the top to access an intake form for the service. After completing and submitting the form, information to access the platform will be provided. This can be accessed via computer, tablet, or smartphone (must have access to internet/cellular data)

Mental Health Association of Frederick County

www.fcmha.org

The Mental Health Association of Frederick County builds a strong foundation of emotional wellness for our community by: Preparing Resilient Children, Supporting Vulnerable Families and Facing Crises Together.

The Virtual Walk-in Behavioral Health Service is operational Monday - Friday from 10 AM - 10 PM and Saturday and Sunday from 10 AM - 6 PM.

Help is available, if you or a loved one, friend or neighbor is hurting please seek help.

NAVIANCE

A web-based resource for staff, students, and parents that encourages and supports post high school career and college planning. The student side of the system and is linked with Naviance Succeed, the counselor's system. How can it be used?

- Career Planning: Learning Style Inventory, Interest Inventory, Personality Inventory, Resume Building
- College Planning: College Search, Application Process, College Major Exploration, Scholarship/Financial Aid
 Resources Success Planning: Personalized Goals and Tasks, Journal Entries, Student Planner, Shared Documents. Go to
- the following website: http://student.naviance.com/gtjh
 - Username: Student ID #
 - Password: Student created

National Suicide Prevention Lifeline - 1-800-273-TALK

NCAA ELIGIBILITY CENTER

Any student-athlete interested in playing at the Division 1 or 2 level must be determined to be eligible by the NCAA to participate. <u>www.eligibilitycenter.org</u>. The student-athlete must log in using his/her NCAA ID or SSN and PIN.

Selective Service Registration

A reminder that under federal law, men living in the U.S., citizen and non-citizens alike, are required by law to register with Selective Service at 18 years old.

Men who register with Selective Service remain eligible for federal student financial aid, state-funded student financial aid, federal employment, state employment, job training under the Workforce Innovation and Opportunity Act, security clearances, and U.S. citizenship for immigrant men. For more information, see <u>Why Register</u>. Selective Service accepts early registrations as young as 17 years and 3 months.

The Selective Service System has not now, or in the past, collected or shared any information which would indicate a man's immigration status, either documented or undocumented. Students can register on-line at <u>www.sss.gov</u>

Underage Drinking and Drug Use

To report any underage party where alcohol or drugs many be served to youth under 21 years of age, please call the Party Tip Hotline at 301-600-1318. Your tip is confidential. You may save the life of a friend or child you love. This message is part of the Frederick County Teen Safe Driving Initiative and the Combating Underage Drinking Program.

Work Permits: Schools are no longer issuing officers of work permits.

https://www.dllr.state.md.us/labor/wages/empm.shtml

- Work permits are required for all minors under the age of 18 to work in the State of Maryland. Click here for application: https://www.dllr.state.md.us/ChildWorkPermit/web/content/Home.aspx
- Work permits are not issued to minors under the age of 14. (Unless the child is a model, performer or entertainer with a <u>special permit</u> (<u>Word</u>); en español (<u>Solicitud para permiso especial de trabajo(Word</u>). Special permits are issued only by the Commissioner's Office.)
- Work permits are issued by the Division of Labor and Industry.
- Work permits are not issued until the minor has been offered a job.
- If the minor changes jobs, a new work permit must be obtained.
- Employers are strongly encouraged to keep work permits on file for three years.

DISCLAIMER: Notice to any user of the provided information above. GTJHS shall have no liability for the accuracy of the information and cannot be held liable for any third-party claims or losses. GTJHS, may at any time, revise the information without notice and makes no commitment to update this information.