

# Linganore **CHEER** Clinic



**DATES:** July 15th – July 18th **TIME:** Kindergarten - 2nd grade 5pm-7pm, 3rd grade - 8th grade 5pm-8pm **COST:** K-2nd - \$55 early registration or \$60 at the door, 3rd-8th \$65 early registration or \$70 at the door **Early registration closes June 21<sup>st</sup>** ~ Each child registered will receive a tshirt (shirts not guaranteed once early registration closes)

**Sponsored By: LHS Athletic Boosters - The Linganore High School cheerleaders and coaches will be conducting the clinics.** Come work with the Linganore High School Championship Cheerleaders and Coaches. Open to all K-8th grade students We will work on the following: Strong/Sharp Arm Motions ~ Learning and Improving Jumps ~ Cheers/Chants ~ A Fun Dance ~ Stunting ~ Parent showcase on the last day of each clinic ~ Come join the fun! Questions, contact Amy Rumburg at [amy.rumburg@fcps.org](mailto:amy.rumburg@fcps.org)

Name of Participant \_\_\_\_\_ Grade in Fall \_\_\_\_\_ Tshirt size \_\_\_\_\_

Parent/Guardian Name & Phone \_\_\_\_\_ Email address \_\_\_\_\_

Emergency contact \_\_\_\_\_

**DISCLAIMER:** This event is not sponsored or endorsed by the Board of Education of Frederick County, FCPS, or Linganore High School. The clinics are not a licensed child care provider. I agree that in case of an accident involving my child while attending the clinics, and with full awareness that cheerleading is an activity that may involve risk or injury, I release Linganore High School, its coaches and cheerleaders from any and all liability. I understand every precaution will be taken to provide a safe environment and I authorize the Linganore High School coaching staff to act for me according to their best judgment in the event my child needs emergency medical attention.

Parent/Guardian Signature \_\_\_\_\_

**MAKE CHECKS PAYABLE TO LHS ATHLETIC BOOSTERS AND MAIL TO:** Attn: Amy Rumburg/LHS Cheer Clinic, Linganore High School, 12013 Old Annapolis Rd., Frederick, MD 21701 or **you can register online** at <https://www.eventbrite.com/e/lhs-cheer-clinics-for-k-8th-grade-registration-55420389878>