

Emergency Information

Mother's Name

Father's Name

Emergency Contact Phone Numbers (cell)

Medical Concerns:

This event is not sponsored or endorsed by the Board of Education of Frederick County, FCPS or school.

ATTENTION PARENTS:

I agree that in case of an accident involving my child while attending this clinic I release the Linganore Volleyball Clinic and its staff from any and all liability. I understand every precaution will be taken to provide a safe environment and authorize the camp staff to act for me according to their best judgment in the event my child needs emergency medical attention. Furthermore, I understand the Linganore Volleyball Clinic DOES NOT provide medical coverage and that is my responsibility to do so.

Parent Signature

Date

Medical Insurance Company



*"Every
accomplishment starts
with the decision to
try"*

-Unknown

Linganore Athletic Boosters

Attn: Andrea Poffinberger
Linganore High School
12013 Old Annapolis Road
Frederick, MD 21701

Phone: 301-471-9315
Andrea.Poffinberger@fcps.org

LINGANORE MIDDLE- SCHOOL VOLLEYBALL CLINIC

May 20th-23rd, 2019
5:00-7:00pm Auxiliary Gym



Sponsored by Linganore Sports
Boosters



Mission Statement

The goal of this clinic is to promote the game of volleyball and to help and encourage young women to improve their skills.

Andrea Poffinberger

- Co-Director
- Varsity Volleyball Coach: 3 Years
- Junior Varsity Coach-12 Years

Gracie Ruble/Hannah Zebrowski

- Co-Director
- JV Volleyball Coach

Assistance from LHS Volleyball Athletes

-depending on availability

Clinic Information

Age: Current 6th through 8th grader

When: May 20th-23rd 2019

Time: 5:00 to 7:00 PM

Where: Linganore High School
12013 Old Annapolis Road
Frederick, MD
In the Auxiliary Gym

Contact: Andrea Poffinberger
Email- andrea.poffinberger@fcps.org
Cell- (301) 471-9315

Clinic Activities:

- Instruction: Forearm pass/ Overhand Passing/ Overhand serving/ Hitting
- Offensive Positioning
- Defensive Positioning
- Games: 3 on 3/ 4 on 4/ 6 on 6
- Tournament Competition

What to Bring:

- Knee pads (optional)
- Athletic clothing
- Tennis shoes
- Water

Registration Form

2019 VOLLEYBALL CLINIC

At LINGANORE HIGH SCHOOL

Please fill out BOTH sides of this form and mail it along with payment, payable to

LINGANORE SPORTS BOOSTERS-
VOLLEYBALL

Please be sure to include parent signature.

Linganore Sports Boosters

Attn: Andrea Poffinberger
Linganore High School
12013 Old Annapolis Road
Frederick, MD 21701

COST: \$100 submit by May 1

\$130 after May 1

Sibling Cost (for next child) \$75

Participant Information

Name

Address

City, State

Zip

Contact Phone Number

E-Mail Address

CURRENT GRADE _____

T-shirt Size S M Lg XL (Adult Sizes)