



## **3v3 Field Hockey Skill Games**

Are you up for the challenge of skill and endurance on the Field Hockey field?  
Show your love of the game by joining us for a fun day of 3v3 games and Olympic style skill competition.

**Saturday, May 4<sup>th</sup>,  
2019**

**Rain or Shine!**

At Ballenger Creek Park, Chuck Forman Field.

**Does your team have the skill to be the Stick Fest Champion?**

**Grades / divisions:** grades 5/6, 7/8, and High School Divisions  
Teams consist of minimum 3, max of 4 players.

**Time:** **9 am-11 am** High School divisions  
**11:30 am-1:30 pm** grades 5/6 and 7/8  
Each team is guaranteed 6 games plus Olympic skill challenge

**Cost:** **\$30 per player—register by April 1st**  
\$40 per player—register after April 1st  
\* **Checks made payable to “Tuscarora Athletic Boosters”**  
\* Tournament Shirts; pre-order for \$15, \$18 day of tournament

**~Registration deadline April 15th~**

**See Registration sheet for Pre-Registration /Registration details**  
**To Pre-Register,** email CMFieldHockey@gmail.com

- \* All players must complete a current medical release waiver prior to participating
- \* The Titan Stick Fest Coaching Staff is not a licensed child care provider

\*This event nor materials are neither sponsored nor endorsed by the Board of Education of Frederick County, FCPS, or Tuscarora HS.



**THS** *Athletics* **BOOSTERS**

# Titan Stick Fest

## Rules of Play

### **3v3 Tournament Rules:**

Teams will Register as a Named Team. **Minimum of 3 players** / Max 4 if you choose to have a sub available.

**Age Groups/brackets:** grades: 5-6, 7-8, High school (2 brackets).

### **GAMES:**

- \* Field size is 25 x 20 yards, goals will be marked with cones.
- \* Each game will begin with a bully.
- \* Games are 4 minutes long and very fast paced without a break.
- \* There will be 2 minutes between games; The officials on the field will take this time to give constructive coaching points & input to both teams after the game as seen.
- \* All games are loosely officiated, but will call continual obstruction, aggression, out of bounds, and hacking.
- \* Indoor guidelines; no backswing, no lifting, all push pass with tight, controlled dribble.
- \* Each team is guaranteed (6) games and will be given a schedule when they arrive. They need to carry this with them and be aware of where they need to be.
- \* There will be a master scoring sheet with each games score and W/L.
- \* The top 4 teams advance to Finals. There is a playoff followed by a Championship Game. If there is a team tied, first tiebreaker is goal differential, 2<sup>nd</sup> is a coin toss.

### **To Score Goals:**

All goals are "Make it, Take it". The team who scores a goal retains possession and continues play by going in the opposite direction.

- \* Team must have a controlled close dribble through the 2 cones set up as a goal. When notified of score, turn and go the other direction.
- \* Team must have a controlled pass through the 2 cones (goal) to a teammate who controls it. Again, score, turn and go other way.
- \* Goal hanging & goal tending will not be tolerated; All players are constantly playing the entire field.

**"Olympic" Skill competitions** will consist of Challenges such as: Dribbling relays, speed dribbles, Air dribbling relays, timed scoops into bucket, shooting at targets, scoring from a pass., reverse hitting.

- ◆ Winning Team of Championship and Runner Ups will earn prizes in each division.
- ◆ Teams should design their own "uniform". There will be a prize for best team theme/shirt.

Please remember we are here to have fun and learn more about playing the small game with our teammates, utilizing give & go, off the ball movement, communication, eliminations and good tackles. These games are designed to help improve players small game and have lots of touches playing continuous hockey. To be successful, players must continuously move to get open, pass into open space, use give and go and keep play under control.

**Field info:** Sneakers or turf shoes ONLY, no cleats allowed. Water only is allowed on sidelines, no sports drinks or snacks on the turf.

We expect good sportsmanship from every team involved. This is a tournament to improve the small game while having fun. No comments should be made about any other participating teams. Unsportsmanlike behavior will not be tolerated and may result in being removed from the event. We are all here for the love of the game!

**HAVE FUN!!**

# Titan Stick Fest

## Registration

Due to a maximum number of teams, we ask you **pre-register your team for the event. Cut and paste the link below into your browser:**

<https://goo.gl/forms/8LB04eqjimXx8itT2>

**Or email CMFieldHockey@gmail.com to pre-register**

We will send you an email confirmation for your team. You will need to mail the paper registration with complete and accurate player and medical information and payment once you receive confirmation for your team.

Thank you!

Titan Stick Fest Coaches and Staff

**Please return this official**  
**Registration to:**

THS Coach Lunn

5418 Chillingham Place

Frederick, MD 21703

Questions?

Email: Julie.Lunn@FCPS.org

**Team Name** \_\_\_\_\_ (prizes for best team name / theme / shirt)

Team Contact Name and Phone \_\_\_\_\_

Team Contact Email \_\_\_\_\_

**Division Registering for:**    grade 5/6            grade 7/8            High School divisions

### **Registration Fees:**

**\$30 per player—register by April 1st**

\$40 per player—register after April 1st

Registration deadline April 15th

registration amount included \_\_\_\_\_

# Pre-order T-shirts \_\_\_\_\_ x \$15 each \_\_\_\_\_

**Pre order Tournament T-Shirt \$15, \$18 day of event**

**total amount** \_\_\_\_\_

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By signing below, I grant permission for my child to participate in the Titan Stick Fest sponsored by the THS Athletic Boosters. My child has no known medical conditions that would prevent her from participating in this event. I hereby authorize staff of the Titan Field Hockey Stick Fest Coaching Staff to act for me according to their best judgment in any emergency requiring medical attention. I release, the Titan Stick Fest Event, Tuscarora High School, FCPS, The Tuscarora High School Athletic Boosters and its officers, coaches, and staff from any legal responsibility in the event of an accident, injury or death involving my child while participating in this event. It is further understood that there is a \$25 returned check fee.

Player #1 Parent Signature: \_\_\_\_\_

Player #3 Parent Signature: \_\_\_\_\_

Player #2 Parent Signature: \_\_\_\_\_

Player #4 Parent Signature: \_\_\_\_\_

**Team Name** \_\_\_\_\_

**PLAYER #1** Name: \_\_\_\_\_ Grade: \_\_\_\_\_ if HS, level of play? JV / Varsity  
Phone: (home) \_\_\_\_\_ School attends: \_\_\_\_\_  
(Emergency) \_\_\_\_\_ I would like to Pre -purchase a Tournament T-shirt for \$15  
Shirt Size: Circle One YM YL AS AM AL AXL  
Email: \_\_\_\_\_  
Insurance Co. \_\_\_\_\_ Policy # \_\_\_\_\_  
Family Doctor \_\_\_\_\_  
In case of emergency, I authorize treatment by my family physician or Frederick Memorial Hospital's emergency department.  
\_\_\_\_\_(Parent Signature)

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**PLAYER #2** Name: \_\_\_\_\_ Grade: \_\_\_\_\_ if HS, level of play? JV / Varsity  
Phone: (home) \_\_\_\_\_ School attends: \_\_\_\_\_  
(Emergency) \_\_\_\_\_ I would like to Pre -purchase a Tournament T-shirt for \$15  
Shirt Size: Circle One YM YL AS AM AL AXL  
Email: \_\_\_\_\_  
Insurance Co. \_\_\_\_\_ Policy # \_\_\_\_\_  
Family Doctor \_\_\_\_\_  
In case of emergency, I authorize treatment by my family physician or Frederick Memorial Hospital's emergency department.  
\_\_\_\_\_(Parent Signature)

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**PLAYER #3** Name: \_\_\_\_\_ Grade: \_\_\_\_\_ if HS, level of play? JV / Varsity  
Phone: (home) \_\_\_\_\_ School attends: \_\_\_\_\_  
(Emergency) \_\_\_\_\_ I would like to Pre -purchase a Tournament T-shirt for \$15  
Shirt Size: Circle One YM YL AS AM AL AXL  
Email: \_\_\_\_\_  
Insurance Co. \_\_\_\_\_ Policy # \_\_\_\_\_  
Family Doctor \_\_\_\_\_  
In case of emergency, I authorize treatment by my family physician or Frederick Memorial Hospital's emergency department.  
\_\_\_\_\_(Parent Signature)

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**PLAYER #4** Name: \_\_\_\_\_ Grade: \_\_\_\_\_ if HS, level of play? JV / Varsity  
Phone: (home) \_\_\_\_\_ School attends: \_\_\_\_\_  
(Emergency) \_\_\_\_\_ I would like to Pre -purchase a Tournament T-shirt for \$15  
Shirt Size: Circle One YM YL AS AM AL AXL  
Email: \_\_\_\_\_  
Insurance Co. \_\_\_\_\_ Policy # \_\_\_\_\_  
Family Doctor \_\_\_\_\_  
In case of emergency, I authorize treatment by my family physician or Frederick Memorial Hospital's emergency department.  
\_\_\_\_\_(Parent Signature)