



FREDERICK COUNTY GOVERNMENT

DIVISION OF EMERGENCY MANAGEMENT

Department of Emergency Preparedness

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NEWS RELEASE

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FOR IMMEDIATE RELEASE:

Date: March 8, 2019

DAYLIGHT SAVING TIME BEGINS MARCH 10: REMEMBER TO CHECK EMERGENCY PREPAREDNESS KITS

FREDERICK, MD - Frederick County emergency preparedness partners, including the Department of Emergency Preparedness, the Health Department, Division of Fire & Rescue Services, law enforcement agencies, and the American Red Cross, unite to remind citizens that when it is time to change their clocks due to daylight saving time on Sunday, March 10, it is time to refresh their emergency supplies.

Public safety officials encourage families and businesses to change the batteries in their smoke alarms if they are equipped with replaceable batteries and to refresh their emergency supply kits. Make sure the kit isn't missing any items and that the food or medications have not expired. For those who have not prepared a kit, now is the time to create one.

The basic emergency kit should contain items such as: water, non-perishable food, flashlight, battery-powered or hand-crank radio, extra batteries, first aid kit, medications, copies of personal documents and medical information, mobile device chargers, family and emergency contact information, emergency blanket and a seasonal appropriate change of clothes.

Frederick County reminds everyone to refresh their smoke alarm batteries and update their emergency supplies before a disaster occurs.

More information may be found at www.FrederickCountyMD.gov/READY or www.redcross.org or by contacting the Emergency Preparedness Department at 301-600-1746 or via e-mail at EM@FrederickCountyMD.gov.

Additionally, for more information on smoke alarms, visit www.FrederickCountyMD.gov/smokealarms or call 301-600-7275.

Citizens are also encouraged to sign up for emergency alerts at www.FrederickCountyMD.gov/ALERT.

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