

# MHS COUNSELING OFFICE NEWS

2018-2019

CB #7 March 1, 2019

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## ***IMPORTANT DATES***

Friday, March 1	Out of District Attendance Applications due Spring Sports begin Community Foundation of Frederick County Application Opens Mid-Term
Tuesday, March 5	Community Foundation Scholarship Presentation for seniors, 10:20-10:55 at MHS
Wednesday, March 6	In-school SAT Day for Juniors; begins promptly at 7:30 AM
Friday, March 8	Deadline for CTC Applications for 2019-2020 School Year Deadline for April 13 ACT Test Registration

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## ***OPPORTUNITIES***

### **COMMUNITY FOUNDATION OF FREDERICK COUNTY'S 2019-2020 SCHOLARSHIP INFORMATION:**

The Community Foundation of Frederick County's 2019-2020 scholarship application will be open from Friday, March 1, 2019 through March 31, 2019.

Students who will graduate this May and are planning to attend college or pursue vocational training, or those students currently enrolled and attending college or vocational training should apply.

Scholarships are available for all areas of study. Information sessions about these scholarships will be held as follows:

March 5<sup>th</sup>                      10:20 -10:55 am                      Middletown High School

More details about how to prepare to apply can be found at [www.ScholarshipsFrederickCounty.com](http://www.ScholarshipsFrederickCounty.com).

**AP TEST REGISTRATION:** Registration for AP Exams will be open from Tuesday, Feb 19 through Tuesday, March 26. *Students registering for the AP Computer Science Principles exam must do so by March 11.* Students will only be able to register for exams for courses in which they are enrolled during the 2018-2019 school year.

Students wishing to register for additional AP exams will need to see Ms. Staub in the front office.

**Exam Fee Information:** Cost of each exam is **\$97.76** (\$94 exam fee + 4% processing fee). Exams should be paid through <https://frederickcounty.schoolcashonline.com/>. A reduced exam fee is available for students who meet certain financial criteria. Students meeting eligibility requirements should complete the waiver form and return to Ms. Hontz in the front office by March 8. [AP Waiver Application](#)

**JUNIORS TO TAKE SAT WITHOUT ESSAY ON WEDNESDAY, MARCH 6 AT MHS:** The test is free of charge to all 11<sup>th</sup> graders and will serve as the students' College and Career Readiness Assessment. MHS will register all 11<sup>th</sup> graders, so families do not have to worry about signing up for the test. More information will be coming home the closer we get to the test.

### **ATTENTION JUNIORS:**

The Common Application has released their prompts for the 2019-20 college application. Juniors can get a head-start on their applications by writing their Common App essay.

<https://www.commonapp.org/whats-appening/application-updates/2019-2020-common-app-essay-prompts>

**ASVAB Test:** If you're serious about joining the military, then get serious about the Armed Services Vocational Aptitude Battery (ASVAB). The ASVAB is a timed multi-aptitude test, which is given at over 14,000 schools and Military Entrance Processing Stations (MEPS) nationwide and is developed and maintained by the Department of Defense. For more information go to: <https://www.military.com/join-armed-forces/asvab>

Middletown High Students can take this test on April 9, 2019 at 7:30 at Frederick High School at 7:30 am. See Mrs. Bertulaitis in Counseling for more information.

### **Frederick Community College - Moving Mountain Speaker Series**

Frederick Community College invites the public to its 4th season of the free Moving Mountains Speaker Series, featuring inspiring professionals who share their life experiences and encourage teens and young adults to set the bar high in all areas of their lives. Students who attend 3 sessions will receive a certificate of participation and leadership. Sessions will include a brief introduction, presentation and question-and-answer session.

**All sessions are free and take place 7 PM-8 PM in the Frederick Community College JBK Theater** at the Visual and Performing Arts Center\* on the main campus at 7932 Opossumtown Pike, Frederick.

- Wednesday, March 20: Frederick County State's Attorney Charlie Smith: Moving Mountains That Move
- Wednesday, April 10: Cybersecurity and Technology Professor James Hatch: Interactive Cybersecurity: Are You Ready?

For more information: [mpritchard@frederick.edu](mailto:mpritchard@frederick.edu) or 301-846-2417

### **GENERAL SCHOLARSHIPS**

Go to <http://connection.naviance.com/middleths> - **Colleges tab - Scholarships** – for a full listing of available scholarships. Below is a partial list of scholarships. *If there is no link, the application may be downloaded from Naviance.* If you need to request a transcript, you must use Naviance and give at least five (5) days' advance notice; cost is \$2.00 per transcript.

Title	Address/Application	Amount	Deadline
Air Force Officers' Spouses Club	<a href="https://www.afoscdc.com/">https://www.afoscdc.com/</a>	3,500	3/1
Masonic Charities of Maryland, Inc.	SEE NAVIANCE FOR APPLICATION	5,000	3/1
LifeBridge Health/ExpressCare Community Scholarship Program	<a href="http://www.whywaitintheer.com/scholarship.php">http://www.whywaitintheer.com/scholarship.php</a>	2,500	3/3
Maryland Municipal League Scholarship, Frederick County Chapter	<a href="#">2019 MD Municipal League Information</a>	1,000	3/29
Lighthouse Guild	<a href="http://www.lighthouseguild.org/scholarships">http://www.lighthouseguild.org/scholarships</a>	10,000	3/31
Dr. J. Elmer Harp Family Memorial Scholarship	<a href="http://www.harpmedicalcenter.org/">http://www.harpmedicalcenter.org/</a>	9,000	3/31
Gloria M. "Stretch" Grossnickle Scholarship	<a href="#">Gloria M. Stretch Grossnickle Scholarship Fund Application</a>	9,000	3/31
Army Emergency Relief Educational Scholarship	<a href="https://www.aerhqArmyEmergencyReliefEducationalScholarship.org/">https://www.aerhqArmyEmergencyReliefEducationalScholarship.org/</a>	Varies	4/1
Amvets Post #9	<a href="#">Amvets Post #9 Scholarship Application</a>	2,000	4/1
Amvets Post #9 Ladies Auxiliary	<a href="#">Amvets Post #9 Ladies Auxiliary Application</a>	1,500	4/2
Fordham Lee Poffenbarger Scholarship	<a href="#">FLP Scholarship Application 2019</a>	Varies	4/4
Frederick Memorial Hospital Auxiliary	<a href="#">FMH Auxiliary Scholarship</a>	Varies	4/5
Burkittsville Ruritan Scholarships	<a href="#">Burkittsville Ruritan Scholarship Application</a>	1,000	4/12
Catoctin Fish and Game Assn. Scholarship	<a href="#">Catoctin Fish and Game Assn. Scholarship</a>	500	4/15
Frederick Steeplechasers Running Club	<a href="http://www.steeplechasers.org">www.steeplechasers.org</a>	2,500	4/15
Middletown Lions Club	<a href="#">Middletown Lions Club Application</a>	2,000	4/15
Elizabeth Ann Libby Frist Memorial Scholarship	<a href="https://blog.gramspromisefoundation.org/scholarships/">https://blog.gramspromisefoundation.org/scholarships/</a>	250	4/19
B. Davis Scholarship	<a href="http://www.studentawardsearch.com/scholarships.htm">http://www.studentawardsearch.com/scholarships.htm</a>	1,000	5/24
BigSun Scholarship	<a href="http://www.bigsunathletics.com/">http://www.bigsunathletics.com/</a>	500	6/19
Kid's Chance of Maryland	<a href="http://www.kidschance-md.org/">http://www.kidschance-md.org/</a>	Varies	7/1

## 2018-19 Test Dates

### SAT

Test Date	Registration Deadline	Late Registration
May 4	Apr 5	Apr 24
Jun 1	May 3	May 22

Learn more, register and get free practice at [www.sat.collegeboard.org](http://www.sat.collegeboard.org).

CEEB/ETS High School Code: 210755

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### ACT

Test Date	Registration Deadline	Late Registration
Apr 13	Mar 8	Mar 25
Jun 8	May 3	May 20
Jul 13	Jun 14	Jun 24

Sign up at [www.actstudent.org/start](http://www.actstudent.org/start).

CEEB/ETS High School Code: 210755

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## RESOURCES

**Academic Common Market (ACM):** The Southern Regional Education Board's (SREB) Academic Common Market (ACM) allows students to pursue degrees in selected out-of-state programs at the in-state tuition rates. Students can choose from some 1,800 degree programs from 150 colleges and universities across the South. Participating in the Academic Common Market program is easy and free, requiring only that a student be certified as a legal resident of one of the 16 member states (Maryland is included) of the SREB and be admitted to an eligible program. For more details and to review a complete list of programs available, visit the Academic Common Market website at [http://www.sreb.org/page/1304/academic\\_common\\_market.html](http://www.sreb.org/page/1304/academic_common_market.html)

**Maryland Workforce Exchange:** Maryland's one-stop on the internet for information and services if you are a business filling a job opening or a job seeker looking for a job or developing a career plan. Information about the labor market, training providers, and education programs are also available. For more information, go to <https://mwejobs.maryland.gov/>

### Career One Stop:

- Search more than 7,000 scholarships. Learn about certifications, financial aid, use a resume guide, and find salary info. For more information, go to [www.careerinfonet.org](http://www.careerinfonet.org).
- Frederick County Workforce Services, [www.frederickworks.com](http://www.frederickworks.com), is part of the national network of career one-stops. They provide services to adults and youth job seekers locally. For youth services, specifically, go to the Frederick County Workforce Services website and click on Youth.
- Information on all Career One-Stop locations within the state of Maryland can be found at the Maryland Department of Labor, Licensing and Regulation website, [www.dlir.state.md.us](http://www.dlir.state.md.us).
- Need help finding language for resumes or just exploring careers visit O\*NET Online, <http://www.onetonline.org/>.

**College Board Website:** You can access resources for college searches, student aid, AP and SAT information at the following website: [www.collegeboard.com](http://www.collegeboard.com)

**College Exam Preparation Service:** The Frederick County Virtual School (FCVS) will provide access to a comprehensive online College Exam Preparation (CEP) website for a nominal fee. This service can be accessed by current FCPS high school students. FCVS staff will provide assistance for technical issues. <https://education.fcps.org/flex/>

**Common Applications:** Many colleges/universities allow students to apply with a "Common Application" (not all do – please check). If you are interested in using this application, you will need to apply on line at the following address: [www.commonapp.org](http://www.commonapp.org).

**Financial Aid (FAFSA):** Every college offers a variety of financial aid – awards may be scholarships (either need-based or merit), Grants, Loans and Work Study Jobs. Colleges will not make financial aid awards until students are first admitted to college. Therefore, students should apply for admission and check with the financial aid office, as well as the department of your subject matter for financial aid opportunities. All students and their parents can fill out a Free Application for Federal Student Aid (FAFSA) any time after October 1 of their senior year and submit the application online at [www.fafsa.ed.gov](http://www.fafsa.ed.gov). Also, check with each college and fill out any college financial aid applications that are required. (SCB1)

- **Student Aid on the Web** at [www.studentaid.ed.gov](http://www.studentaid.ed.gov) – In-depth information on federal student aid programs, how to prepare for college, types of aid you can receive, do you qualify for aid, how to apply and manage loans. Conduct college and scholarship searches, estimate college costs, and track and compare financial award letters.
- **Student Aid Webinars:** at [www.studentaid.gov/events](http://www.studentaid.gov/events) to find upcoming webinars on a variety of financial aid topics. Also listed are dates and topics for #AskFAFSA Office Hours – a monthly event during which Federal Student Aid hosts a live question-and-answer session on Twitter using the #AskFAFSA hashtag.
- **YouTube:** [www.youtube.com/collegedotgov](http://www.youtube.com/collegedotgov) - Inspirational videos from peers, advice from current college students, etc.

**MDGO4IT Website:** <http://www.mdgo4it.mhec.maryland.gov>. The newly launched website targets high school students to help with college planning and preparation. The interactive website weaves students through a virtual college campus, providing specific information on college planning, financial aid, and life on campus.

**Merit Aid:** Helps students find merit-based scholarship opportunities before they apply to college. MeritAid.com is the first comprehensive web site dedicated to helping students with the college search by matching them to merit-based scholarships from across the country. Visit [www.meritaid.com](http://www.meritaid.com) for more information.

**Mike Rowe Works Foundation:** Learn about scholarships, local job opportunities, apprenticeships, education opportunities, financial aid info, trade associations, SkillsUSA scholarships, and relevant trade news. For more information, go to [www.mikeroweworks.com](http://www.mikeroweworks.com) click on Mike Rowe Foundation Works.

**My Next Move:** My Next Move has tasks, skills, salary info, apprenticeship info, educational requirements and info on over 900+ careers. For more information, go to [www.mynextmove.org](http://www.mynextmove.org)

**Naviance** is a web-based resource for staff, students, and parents that encourages and supports post high school career and college planning. **Family Connection** is the student's side of the system and is linked with Naviance Succeed, the counselor's system.

How can it be used?

- Career Planning: Learning Style Inventory, Interest Inventory, Personality Inventory, Resume Building
- College Planning: College Search, Application Process, College Major Exploration, Scholarship/Financial Aid Resources
- Success Planning: Personalized Goals and Tasks, Journal Entries, Student Planner, Shared Documents.

Go to the following website: <http://connection.naviance.com/middleths>

- Username: Student ID #
- Password: Student ID #

## **NCAA Eligibility Center**

Any student-athlete interested in playing at the Division 1 or 2 level must be cleared by the NCAA to participate. [www.eligibilitycenter.org](http://www.eligibilitycenter.org). The student-athlete must log in using his/her NCAA ID or SSN and PIN.

**Net Price Calculator:** The Net Price Calculator (NPC) is an online tool that provides estimates of college costs for prospective students, based on a set of inputs such as family income, size, and assets. THE NPC calculates estimated grant and scholarship aid and subtracts that total from the college's cost of attendance, resulting in an estimated net price. NPC then goes the next step and subtracts the student's estimated loans/financial aid to determine the estimated remaining cost. For more information, go to <https://professionals.collegeboard.org/higher-ed/financial-aid/netprice>

**New College Resource:** [www.WhatWillTheyLearn.com](http://www.WhatWillTheyLearn.com) rates 700+ colleges and universities on whether or not they require seven core subjects – composition, literature, foreign language, U.S. Government or History, economics, mathematics, or natural or physical science. The idea behind the website is that students typically find themselves in careers not related to their major and/or change careers up to 10 times in their lifetime, so having a solid education is critical to success. What Will They Learn believes that having students be required to take

courses in the seven core subjects better prepares them to compete in the global market place, be effective leaders, and be life-long learners. Scores for each school reflects how many of each of the seven core courses are required at that institution. This is an excellent resource but keep in mind that it is evaluating ONLY whether or not the school requires courses in the seven core subjects, and not the school as a whole. Use this site as a supplemental tool when evaluating colleges and universities, not as a scoring tool to determine the overall effectiveness of the school.

**Website for College-bound Students with Disabilities:** A new website – <http://www.going-to-college.org> – has been developed to help high school students learn about living college life with a disability. The site provides video clips, activities, and resources that can help students get a head start in planning for college. Video interviews with college students with disabilities offer a way to hear first-hand from students with disabilities who have been successful. Modules include activities that will help students explore more about themselves, learn what to expect from college, and equip them with important considerations and tasks to complete when planning for college.

**SAT Skills Insite:** This website is designed to assist and encourage students as they prepare to take the SAT. It gives high school students a better understanding of what is tested on the SAT. It provides real SAT questions and answers, suggestions for improvement, and guidance on how the student can sharpen their skills. It is a free online resource that is available to all students before they take their first SAT and prepare to re-take the SAT. <http://collegeboard.com/satskillsinsight>.

**School Soup:** SchoolSoup.com: Online scholarship search site. Over \$32 billion in scholarships. Free of charge and completely safe – student email addresses are not sold to any third parties. Go to [www.schoolsoup.com](http://www.schoolsoup.com).

**Selective Service:** A reminder that under federal law, virtually all men must register with Selective Service within 30 days of their 18<sup>th</sup> birthday. Students can register on-line at [www.sss.gov](http://www.sss.gov).

**Way2GoMaryland:** The University System of Maryland's (USM's) statewide free information campaign to encourage more students to begin preparing for college early. Visit [www.way2gomaryland.org](http://www.way2gomaryland.org).

**Work Permits:** There are new directions for minors (ages 14-17) wishing to get a work permit.

- 1) Complete the on-line application: <https://www.dllr.state.md.us/ChildWorkPermit/web/content/Home.aspx>.
- 2) Print the work permit.
- 3) Get the work permit signed by the minor (student), parent or legal guardian and employer (work permits are only valid when signed by all parties)

In 2014, the Maryland General Assembly passed a law modifying requirements that must be met before a minor work permit can be issued. The change requires the minor's parent or guardian to certify that the age on the minor work permit is correct rather than producing proof of age to an issuing officer. This change allows the DLLR to grant applicants the ability to download and print a work permit directly from the application website. Minors are no longer required to obtain their work permit from an issuing officer.