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Want your website, Twitter account, Facebook page, or Instagram feed listed here?



Or do you have news from the MHS community that you want to share?

Contact Brooke Hontz at Brooke.Hontz@fcps.org

If you are interested in advertising in the newsletter during the 2015-2016 school year, contact Noah Kady at noah.kady@fcps.org

headline news

Band-tastic!



The Middletown High School Marching Knights competed in several competitions this year in addition to their regular performances at MHS varsity football games. This year's show was based on the music of "West Side Story."

MHS Marching Knights finish successful season

After winning the USBands IIIA state title last year, the Middletown High School Marching Knights had another successful season. This year's show featured music from "West Side Story" and included, "Mambo," "Cha-Cha," "Maria," "Cool," "Somewhere," and "Tonight."

Competing in six competitions this season, the band did very well, including first-place finishes at competitions held at Northwest High School in Germantown, Maryland, and Paint Branch High School in Burtonsville, Maryland. The band also won several caption awards this season for best music, best visual and best dance line.

Additionally, they performed in the Frederick County Marching Band Festival, where they earned a superior rating, and in the annual Middletown Heritage Day Parade and Halloween Parade.

The band members are also looking forward to a trip to Walt

Disney World in April 2016 where they will attend workshops and perform in a parade.

Donations help support band

The Marching Knights have several upcoming fundraisers to help offset their large annual operating costs. In the past, the band's most successful fundraiser has been Tag Day weekends. This year's Tag Day weekends are Nov. 7-8 and Nov. 14-15, when band members will visit local neighborhoods to collect donations.

The MHS Marching Knights appreciate the ongoing generous support of the community. If you are not at home when band members come calling, you can donate online at <http://mhsknightsband.net> or mail a check to the MHS Band Boosters at 200 Schoolhouse Drive, Middletown, MD 21769. The band is a 501(c)(3) non-profit and contributions are tax deductible to the extent allowed by law.



Middletown High School students who are enrolled in the athletic coaching class participate in a team-building activity in which they had to close their eyes while on a field trip to Shepherd University on Oct. 28.

Athletic coaching class takes field trip to Shepherd University

Students in the athletic coaching class took a field trip to nearby Shepherd University in Shepherdstown, West Virginia, on Wednesday, Oct. 28.

Shepherd's coaches led our students in three hands-on learning activities. Football coaches Monte Cater and Josh Kline (who graduated from MHS) shared their expertise on game preparation and scouting opponents. Men's basketball coach Justin Namolik directed a session on the teaching process and the importance of providing spe-

cific feedback to athletes. Women's basketball coach Jenna Eckberry led our students through a variety of team-building activities.

Other highlights of the trip included taking a tour of the university's athletic facilities and wellness center, meeting athletic director B.J. Pumroy and enjoying a lunch buffet in the university's dining hall.

It was a super learning experience for our students as they continue to build their leadership skills!

gallery

All Dressed Up

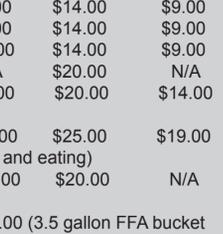
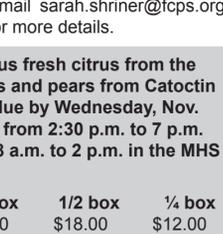
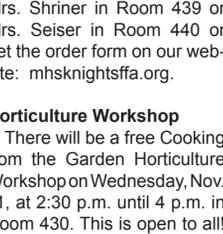
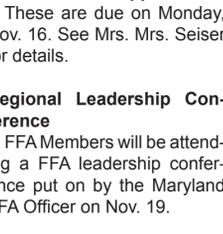


Photo by members of Round Table Media and the Chestnut Burr and faculty.

things to know

No charges for drug and alcohol assessment

This notice is intended to inform you of a new service that is being offered by the Frederick County Health Department (FCHD) Behavioral Health Services this school year. In an ongoing effort of collaboration, the FCHD and Frederick County Public Schools (FCPS) have partnered to offer a new service.

Any FCPS student that is referred to the FCHD for a drug / alcohol assessment will not be charged for the assessment. Any FCPS student can also refer themselves for assessment, and the assessment will be free of charge.

This initiative was created in an effort to address the increasing rate of drug and alcohol use by adolescents in our community. If you have any questions or wish to get an assessment, please call the FCHD at 301-600-1755.

Civics and Law Academy helps students learn law

The Civics and Law Academy will be held on Saturday, Nov. 14, at Oakdale High School from 8:30 a.m. until 1 p.m. It is sponsored by the Bar Association of Frederick County.

It's a free opportunity for FCPS students to engage with local attorneys and judges in learning about law and society through a program specifically designed for high school students.

Registration available at www.frederickbar.org/

Day celebrates French language and culture

On Saturday, Oct. 24, MHS students participated in the French Language and Culture Day sponsored by the Alliance Française de Frederick and FCPS.

Two teams of MHS students competed in the French Trivia Quiz Bowl, and one team did a dramatic interpretation of a famous fable by LaFontaine, the Fox and the Crow.

The Alliance provided a lovely buffet of French foods, arts performances and a speech by the ambassador to the United States from the Republic of Congo, who talked about the importance of being fluent in multiple languages.

Our students took home some great cash prizes, and elected to spend their winnings with a delicious French meal for all participants at Le Parc Bistro in Frederick! Ooh là là!

MHS juniors should start planning for college now

MHS juniors are reminded that there are a few things they can start doing at his time to prepare for college applications next school year. Juniors should consider registering for the SAT & ACT multiple times between now and next June.

Registration takes place through the testing agencies' websites. Please also be aware that score reports for college applications must be ordered through student accounts on these websites and is not part of the transcript or any other report sent by the high school:

<https://sat.collegeboard.org>
<http://www.actstudent.org>

Additionally, planning college visits through the spring of junior year gives students an opportunity to see prospective schools they may consider applying to. An excused absence form is available in the attendance office should any of these visits occur on school days.

Registration for 2016-2017 courses will take place in early February. Now is a good time to start thinking about which courses will continue to prepare you for college or other opportunities after graduation. It is important to talk with parents, teachers and counselors about which courses to select.

The MHS counseling department will host a Junior Information Night to discuss these topics and more on December 3 at 6:30. All juniors and their parents are encouraged to attend. While counselors plan to meet with students individually throughout the next few months, this is students' and parents' best opportunity to get a jump start on navigating the college application process.

Students, staff to wear blue on day of Kindness

Students in the RAK (Random Acts of Kindness) Club will be sponsoring events for World Kindness Day on Nov. 13.

World Kindness Day is a worldwide initiative that "encourages individuals to overlook boundaries, race and religion" Students and staff are encouraged to wear blue that day to signify their commitment to treating others with respect and kindness.

"When we feel love and kindness toward others, it not only makes others feel loved and cared for, but it helps us also to develop inner happiness and peace."

—Dalai Lama

Let Your Imagination Fly in this competition

Reveal your inner artist and Let Your Imagination Fly!

Choreograph a dance, produce a film, write a poem or story, compose a song, take a picture, or create a piece of visual art by interpreting this year's PTA Reflections theme: LET YOUR IMAGINATION FLY!

Visit the display in the MHS Media Center for details. Rules and entry forms are also available online at www.pta.org/reflections or from PTA Reflections chair Christine Fisher at fisher@comcast.net

Submissions due by Monday, Nov. 30.

Help senior class Nov. 10 by eating out at Chipotle

Make dinner a selfless act by joining us for a fundraiser to support Middletown High, Class of 2016. Come into the Chipotle at 5223 Buckeystown Pike in Frederick on Tuesday, Nov. 10, between 5 and 8 p.m.

Bring in this flyer below, show it on your smartphone or tell the cashier you're supporting the cause to make sure that 50 percent of the proceeds will be donated to Middletown High, Class of 2016.

Students nominated for All-Star Student Recognition in October

Congratulations to the following students who were nominated by a fellow student or staff member for their expression of Ready, Respectful, and Relentless at Middletown High School.

- Jesse Furini
- Sophia Heimbrock
- Emma Watts
- Nicholas Brandt
- Sergio Diaz
- James Bongard
- Isabella Hatfield
- Allison Myers
- Maddi Roche
- Alex Dzielinski
- Tim Krantz
- Daniel Bousch
- Nic Bradley
- Ian Heck
- Brandon Doxson
- Jack Frey
- Drew Thomas
- Tristan Bowman
- Jacob Boone
- Andrew Bizzell

- Victoria Lucas
- Allison Shaulis
- Audrey Kacur
- Maura Dockerdy
- Meagan Bluelmanflowers
- Chris Morse
- Nick Barbeito
- Jake Cline
- Joe Glover
- Thomas Morris
- Eric Bertulaitis
- Rachel Lear
- Abby Losquadro
- Trey Dravorn
- Marquies Lauer
- Alexis Hoyt
- Jacob Matheis
- Luke Bryor
- Peter Stein

A special THANKS to the following organizations for supplying coupons: Arby's, Burger King, Roy Rogers, Maggie Moo's, Marble Slab Creamery, and Pretzel Maker, Dairy Queen

MHS FFA staying active with variety of activities

National Horticulture Association (NJHA)

Three Middletown FFA members attended NJHA in Orlando, Florida, from Oct. 9 to Oct. 14.

Hannah Showe, Hannah Miller and Aubrey Wishner competed with Amanda Farmer from CTC FFA and placed first in the nation in Horticulture Judging!

Aubrey Wishner and Hannah Showe also competed in the Floral Design contest and were National Award Winners.

Aubrey and Amanda competed in the Demonstration contest and were National Award winners as well. Aubrey competed in the Extemporaneous Speaking contest as well and served as a Youth Coordinator.

Chapter Officer Leadership Training (COLT)

Ellie Grossnickle and Aubrey Wishner attended an officer training workshop at North Bay Camp from Oct. 16 to Oct. 18.

National FFA Convention

Seven MHS FFA members attended the National FFA Convention in Louisville, Kentucky, on Oct. 27-31/10/27.

The Milk Quality and Products team placed sixth in the nation and was a Gold team. Individually Ellie Grossnickle and Jared Wojton were gold emblem recipients and Kylie Pagliochini and Blair Kreh were silver emblem recipients. Emily White received her American FFA degree, which is the highest degree that the FFA can bestow on a member. Josh Moore played trombone in the National FFA band consisting of about 100 members from across the country. Aubrey Wishner attended to complete a survey on the FFA Creed to use for the book that she is writing.

Workshop presented by Tom Vilsack, U.S. Secretary of Agriculture

Eleven MHS FFA members attended a workshop on Nov. 2 hosted by Representative John Delaney at the Washington County Agricultural Education Center.

Recent and local issues of agriculture were discussed. These members were Jared Wojton, Ava Brenengen, Lexi Glover, Aubrey Wishner, Jacob Buchanan, Kayla Brody, Ellie Grossnickle, Hannah Miller, Madison Spurrier, Sarah Spellane and Kylie Pagliochini.

Annual Fall Citrus Sale: Delicious fresh citrus from the Florida Farm Bureau and apples and pears from Catocctin Mountain Orchard. Orders are due by Wednesday, Nov. 18. Pick up is Tuesday, Dec. 15, from 2:30 p.m. to 7 p.m. and Wednesday, Dec. 16, from 8 a.m. to 2 p.m. in the MHS Ag Shop.

Fruit Prices for 2015 are:	Full box	1/2 box	1/4 box
Navel Oranges.....	\$30.00	\$18.00	\$12.00
Red Grapefruit.....	\$24.00	\$14.00	\$9.00
Tangelos.....	\$24.00	\$14.00	\$9.00
Juice Oranges.....	\$24.00	\$14.00	\$9.00
Tangerines.....	N/A	\$20.00	N/A
Apples.....	\$32.00	\$20.00	\$14.00
(Fuji and Golden Delicious)			
Bosc Pears.....	\$41.00	\$25.00	\$19.00
(brown pear, firm, good for baking and eating)			
MHS Mix (Citrus fruit).....	\$32.00	\$20.00	N/A
(20 Navels, 11 grapefruit)			
FFA Gift Bucket.....	\$23.00	(3.5 gallon FFA bucket with mixed citrus, additional fruit and a pack of nuts)	

MHS Class of 2016 Fundraiser Nov. 10 at Chipotle

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